

# the otherpress

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A photograph of four hands, two from the top and two from the bottom, reaching up and down to form a heart shape. The hands are light-skinned, and the background is a solid pink color. The word "POLYAMORY" is centered within the heart shape.

**POLYAMORY**

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Screenshot of Gilmore Girls

## Word

I come from a family of avid readers. My father seemed to have a new novel on the go, whether it be complete garbage or a respected work, almost every day. My mother went through written words just as constantly, albeit at a slightly less voracious pace. And my brother managed to inhale them at such a rate that it often appeared to me that he had a new one before the end of the day.

I typically fell somewhere in the middle—more like my mother than the other two. I like having a week or two to completely digest a book. Immerse myself fully. Capture other facets that emerge with time. Growing up in Delta while going to school in Coquitlam also afforded me the ideal interval to indulge in one of my favourite pastimes; there's precious little to do in a car or on public transit other than to fulfill the Vancouver stereotype and try to avoid eye contact with everyone.

My reading habits have since seen a decline. My situation is not a unique one. Yes, I'm still making sure I consume at least one unit of literary sustenance

a month, but it has become progressively more difficult. Inasmuch as I enjoy reading, it can occasionally seem, though not a chore, a bit of an effort. There are other relaxing activities that demand even less energy than reading coaxes, and, true to human spirit, the path of least resistance is tempting indeed.

It's so mindlessly easy nowadays to pop on Netflix or surf the Internet for your favourite TV show and hit "play." In the past, our watching practices were dictated by *when* our program was on. Though some in those dark days still managed to sit by the boob tube and power through a couch session regardless of what rubbish was coming through those rabbit ears, it was a significantly less challenging task to tear oneself away and do something else, like read. Our descent from books is due in no small part to the advancements we've made in technology.

It's a shame. Make no doubt about it. Language is one of humanity's most important attributes. Granted, there may be miniscule distinctions we fail to pick up in other creatures'

communications, language—varied language specifically—appears to be a major gift that sets us apart. And we will always have that, but the quality of that gift is in danger. A well-developed vocabulary is nothing to shake a fist at—it can add to our speech immeasurably.

But where does that vocabulary come from? School? To an extent, but generally only on the most basic of levels. Chances are your Grade 12 teacher didn't ask you to memorize a list of synonyms for any given word. General conversation with your friends can yield fresh terminology, but such words are not spontaneous; those syllables are harvested from other sources.

Books. They're an invaluable resource. When you happen across a word you don't know, you look it up. You've learned something. You've added to your repertoire. You're a better educated human being who can contribute more eloquently in conversation as a result.

A vocabulary is knowledge: having it gives you an inside edge and an enriched experience, similar to how keeping up-to-date with the

news allows you to understand and discuss current events. A friend once likened it to an inside joke—funny only to those aware of it.

Once, in Grade 4, a classmate of mine who generally made it a habit of picking on others (apply whatever title you wish to this) raised his hand at one point during a reading to ask what "ignorant" meant. I howled with laughter, the snob that I was, and several classmates followed suit. It was one of the first times it legitimately felt rewarding to know. To have a vocabulary. To understand the irony.

So, don't be like the increasing number of Netflix-bound zombies in the world today. There's no need to cut out TV completely, but pick up a book once in a while. Prove that the positive stereotype of human beings as curious creatures with a thirst for knowledge is true. Develop yourself for the better, and you just might find yourself enjoying it.

Danke danke,

*Eric Wilkins*

Editor-in-Chief

### **i** *Get to know us!*

- ☑ The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by our staff. Our head office is located in the New Westminster campus.
- ☑ The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student levy collected through tuition fees every semester at registration, and from local and national advertising revenue. The Other Press is a member of the Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.
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  - ☑ Former Douglas College president received salary until recently
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# Transit network consultation: Be heard!

» TransLink asks for answers from community

**Aaron Guillen**  
 Staff Reporter

After multiple times trying and failing to make users happy, TransLink is reaching out to the general public with a new survey taking place until November 6. Promoted on its website as a way to “get engaged this fall and have your say on transit changes in your community,” TransLink is hoping for Metro Vancouver residents to be a part of the company’s improvements to transit in the upcoming year.

“We strive to put services where they are needed most to support areas of high ridership, provide transit options in growing areas, and deliver a basic level of transit access across Metro Vancouver,” TransLink says on their website.

In order to keep everything organized, TransLink has created an “Area Transit Plan Program.” The goals that have been set by the transportation company, according to the Transit Network Consultation webpage, are as follows: integrating bus service to better connect to the Evergreen extension, decreasing travel time on busy routes, extending service to areas with high commuter demand, taking advantage of road and infrastructure changes, and creating a more efficient transportation network.

The system is being used to coordinate potential land use, and how it can be developed for future expansion. For example, New Westminster community shuttle busses will be changed to reduce overcrowding

and improve connectivity. Additionally, it has been proposed that the 106 bus, which travels between Metrotown and New Westminster SkyTrain stations, will be split in half at Edmonds in order to improve reliability. Recent studies show that fewer than four people on average stay on the 106 after Edmonds, according to TransLink.

However, no changes will be confirmed until after TransLink has had a chance to get sufficient feedback.

“No final decisions have been made, and we’re listening to our customers so we can take their concerns and feedback into account,” TransLink Vice President of Communications and Customer Service Colleen Brennan explained in a press release.



Photo by Ian Fisher via Twitter

All of these small changes have the potential to make transit an easier place to access come 2016. Just by taking the survey, participants will be able

to choose which proposed routes matter to them most, and rate items on a scale from strongly agree to strongly disagree in order to share their opinions.

# Supreme Court allows for continued tough drunk driving laws

» Previous laws upheld, but with limits

**Mercedes Deutscher**  
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A case brought forth by six BC drivers ended with little result on October 16, when the Supreme Court of Canada (SCC) ruled that BC’s tough stance on drinking and driving was justified. However, the case did not end without any amendments, as the SCC suggested that more oversight and accountability toward the police was needed.

Lee Wilson, Richard Goodwin, and four other drivers brought the case to the Supreme Court late last year, where it was approved. The case was heard by the SCC in May.

Wilson was banned from driving for three days in 2012 after a breathalyzer placed him in a warning range, while Goodwin received a 90-day prohibition from driving—along with a 30-day vehicle impoundment—after failing a 0.8 breathalyzer roadside test in 2011. The other four drivers involved also failed roadside tests.

“The province’s objective was a valid objective, but it needed to be balanced by charter rights,” said lawyer Shea Coulson to CBC. “The court’s biggest concern was that the device used by police was unreliable.”

Coulson argued in the case that it was unconstitutional for police to give out automatic restrictions during roadside tests.

The plaintiffs argued that the punishments enforced by the province were like criminal charges in disguise, which is an area that is not the province’s responsibility, but the federal government’s. As well, they argued that they felt denied to the right of presumption of innocence.

The SCC disagreed, ruling that the BC government is right in its choice to impose strict penalties toward drunk drivers.

“The ultimate question is whether the review provisions of the roadside suspension scheme offer reasonable protection against abusive exercise of the state power to intrude on the individual’s private sphere, having regard to the nature



Photo via Wikimedia

of the scheme and the privacy interests at stake,” said SCC Chief Justice Beverly McLachlin to CBC. “In my view, the answer to this question is yes.”

Still, the SCC agreed that more ways to challenge roadside prohibitions were necessary. Actions toward better accountability of law enforcement were made back in 2012, when

BC made amendments to its pre-existing drunk driving laws following a similar case at the BC Supreme Court. The amendments allowed for increased appeals, including the opportunity to take another breathalyzer test administered by a different officer.

Some, including Coulson, believe that the SCC ruling will open the gates for other

provinces to enforce their own tough drunk driving laws.

“You’ll probably see that kind of toughness being rolled out in the other provinces now,” Coulson said to the *Globe and Mail*.

BC’s drunk driving laws have been shown to have saved the lives of 260 people since their inception in 2010.



# New chapter for Mohamed Fahmy

» Fahmy returns to Vancouver after two years of imprisonment in Egypt



**Mercedes Deutscher**  
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On October 15, Mohamed Fahmy arrived home in Vancouver with his wife to a warm greeting from friends, family, strangers, and supporters.

Fahmy, along with two other journalists from abroad, have spent the last two years incarcerated in Egypt after being accused of spreading false news and broadcasting terrorism, particularly regarding their coverage of the Muslim Brotherhood. Despite international outcry and all three journalists maintaining that they were just trying to cover a story, they were convicted in Egyptian courts.

Fahmy originally received a seven-year sentence. However, after he renounced his Egyptian citizenship, his sentence was reduced. He was still expected to spend three more years in prison before being pardoned in September.

On his way home to



Photo via Huffingtonpost.ca

Vancouver, Fahmy made a stop in Toronto on October 11 to speak at a news conference about his experiences. He was particularly excited to be back in time for the federal election. Fahmy met with Liberal leader Justin Trudeau on October 12 and NDP leader Thomas Mulcair

on October 13.

"I think it's a very fierce and exciting campaign, and I'm so proud to be here to witness it. I've been working in the Middle East for 16 years—covering Syria, Iraq, Libya—that's a democracy I was hoping to see, and it's not there," Fahmy said in an interview with

CBC's Andrew Chang, upon his return to Vancouver.

Stephen Harper's Conservative government has received consistent criticism from Fahmy.

"Unfortunately, Mr. Harper did not understand the urgency of the situation the way others

did. Amnesty International, Human Rights Watch and CJFE wrote open letters to Harper saying, 'You need to make that phone call.' Also, Mr. Mulcair and Mr. Trudeau wrote open letters and questioned Mr. Harper in Parliament about his mild approach."

However, Fahmy did express gratitude to Harper, who eventually made a phone call to Egyptian president Abdel Fattah el-Sisi to help secure Fahmy's release.

Still, Fahmy will continue to fight for the release of other journalists incarcerated around the world.

Fahmy is expecting to start readjusting back to normal life starting next week, already taking a position as a professor at the UBC School of Journalism. Some of Fahmy's future students went to YVR on Thursday evening to greet him on his return.

"I'm just so excited to just be able to go to Stanley Park, walk the streets and have some good sushi," Fahmy said to CTV reporters. "It's just a whole new beginning."

# Raising the Roof: Changing the conversation about homelessness

» A heartbreaking look into homelessness on a personal level

**Aaron Guillen**  
Staff Reporter

"If home is where the heart is, then are homeless people heartless?"

That tweet, read by Cheryl—a homeless woman of seven years—brought a devastated look across her face. Through falling tears and a weakened voice, she cupped her mouth and quietly said: "Far from it."

A couple months ago, Raising the Roof, a Canadian non-profit organization fighting homelessness, posted a video titled "The homeless read mean tweets". Unlike common "mean tweets" videos which usually cause laughter, this one instead brought tears. People from between the ages of 3 and 47 who had experienced homelessness read tweets from strangers who expressed their negative viewpoints on homeless people.

"I was enjoying a latte when I saw a hobo girl across the street. I almost vomited. Get back to your side of the bridge. No one likes you."

"In all honesty, I kinda don't

feel bad for homeless people. Each individual is in control of their life and future so it's their fault."

Having amassed over 1.3 million views, this message has been heard by people across the country. However, one video isn't enough to change the hearts of Canadians nationwide.

According to *The Homeless Hub*, over 235,000 Canadians experience homelessness in a year, with an average of 35,000 each night. While some couch-surf, others find emergency shelters to stay in for the night, whereas the remainder find themselves unsheltered.

Raising the Roof raised awareness to the issue again, posting another video last week titled "A homeless shelter shakes up a neighbourhood." In the video, the organization posted a fake sign for one day in the suburb of Leaside, Toronto, revealing a plan to implement a homeless shelter before Christmas. Without hesitation, multiple people called the organization expressing their concern and dissatisfaction regarding the false plans.

"This will affect my



Photo via nationofchange.org

business... [and] my livelihood. How did you possibly get the permission to ruin a neighbourhood by putting a homeless shelter here?"

"You know they are all drug addicts and drunks. You're ruining a perfectly good neighbourhood. This is

absolutely absurd."

"There must be some other place where a homeless shelter can be opened up. Let's move them somewhere down South or up North."

The next day, the organization removed the sign to reveal the true message behind

the experiment. It said, "You told us you don't want a shelter here. Neither do we. Support us in creating long-term solutions. Let's end homelessness." To become a part of this conversation, check out [RaisingtheRoof.org](http://RaisingtheRoof.org)



# 'Sluts Against Harper' reaction prompts topless protester

» A lone topless protester appeared outside McLeod's offices on Friday afternoon



**Sean Brady**  
The Omega (Thompson Rivers University)

A lone topless protester appeared outside the offices of Cathy McLeod in the early afternoon on Friday, October 16. The masked protester held up signs condemning the Harper government.

The protester was Ashley Gribble, part of the art collective group Power of the Pussy, mostly based in Vancouver. She appeared in front of both the MP and campaign offices early Friday afternoon. Gribble, the only member of the group who was in the region, said she was there to protest against Stephen Harper and his government's treatment of women. Of local note, she was there in reaction to a spat between Kamloops City Councillor Donovan Cavers and Conservative MP Candidate Cathy McLeod.

Earlier this week, Cavers and McLeod traded press releases condemning each other. After Cavers shared a VanCity-Buzz link to a story about "Sluts Against Harper," a campaign

that promises to send nude photos to voters who sign up, McLeod demanded that Cavers apologize. Others, commenting on the story, even called for his resignation.

Cavers fired back by calling out the Conservative government's record on women, saying that they have cut funding to social programs that help women. He cited agencies like ASK, which have to turn to fundraising rather than government support to fulfill their mandates. He also brought up the fact that the Conservative government refuses to conduct an inquiry into missing and murdered Aboriginal women. "It's McLeod who owes women an apology," Cavers said in his press release.

In response, Gribble called McLeod's reaction "ridiculous."

"[McLeod] was saying it was degrading to women. I laughed at that, because Harper has a very serious war on women," she said, listing off things like missing and murdered Aboriginal women, Canada's average wage gap, the Protection of Communities and Exploited Persons

Act, the removal of the long-form census and Canada's world standing in gender equity.

"The Conservatives are not for women. She needs to be more ashamed of what her government has done to women across Canada than of Sluts Against Harper."

Beyond the local issue, Gribble's stance against Harper was broad.

"C-51, the TPP, there are just so many reasons to vote against Harper, to vote against the Conservatives," she said. "Pretty much anything that Harper has approved that has stripped us of our privacy and our rights."

Gribble, masked and topless, stood on the corner of 10th and Victoria for about 10 minutes before moving to McLeod's downtown campaign office.

When asked why she had chosen to cover her face, Gribble said "We're standing in solidarity with the hundreds of faceless victims of Harper's government, like the missing and murdered indigenous women, trans people, and Muslim women who have been under attack lately."



Photo via truomega.ca

## Former Douglas College president received salary until recently

» Scott McAlpine paid for over a year after departure



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A report made by the *New Westminster Record* revealed that Scott McAlpine, the former president and CEO of Douglas College, was still being paid the president's salary until October 16, receiving \$135,128 in income from the college in the 2014/15 fiscal year.

McAlpine suddenly left his position in June 2014 after five years as president, listing the desire to "pursue other opportunities" as the reason for his departure. When asked by the *New Westminster Record* last year if McAlpine had been fired, Davie Robert Taylor, Director of College Marketing and Communications, denied the speculation.

At the time, Taylor told the *New Westminster Record*: "He was here for about five years, during which time the college grew and has changed quite a bit, and he has made significant

contributions to the college over those five years, and the board and certainly the college community wish him well." He added that McAlpine's departure was surprising. After McAlpine ended his presidency, he was requested to return his keys and had his remaining belongings returned to him.

Not only was Taylor unclear about the nature of McAlpine's departure, but recently Douglas College Board Chair Shelley Williams declined to comment to the *New Westminster Record* about McAlpine after the discovery of his salary continuing for over a year after he stopped working for the college.

Since his departure from the college, McAlpine has continually received the \$14,000 per month salary that he received prior to ending his employment with the college. The 2014 Douglas College Executive Compensation Report listed that McAlpine would continue receiving the salary until October 16, according to

the contract he was on. McAlpine also continued to receive all benefits, and was offered six months of services from Homewood Human Solutions, which provides mental health and addictions counselling to Douglas College. It is unknown if McAlpine utilized any of these services.

Certain terms of McAlpine's contract required him to try and find new work in order to continue receiving the salary, and that once new work was found, the salary would be terminated. Any shortcomings in a new salary would have been topped up by the Douglas salary. McAlpine was offered up to 12 months of services that would have helped him make a career transition. According to McAlpine's LinkedIn profile, the search for new work has been unsuccessful. McAlpine has worked in post-secondary for 30 years, most of which was spent at Grande Prairie Regional College, where he was an instructor, chair member, and Dean of Arts,



**Scott McAlpine**

Photo via hecingerreport.org



# Distant Milky Way star structure emits strange light patterns

Photo of Kelper telescope via www.livescience.com

» Dimming caused by natural or extraterrestrial blockage

**Cazzy Lewchuk**  
Staff Writer

A recent paper published by the archive website arXiv has detailed the unusual behaviour that existed in light emissions of a star 1500 light years away. Detected by the Kepler Space Telescope, the star's light has been observed to dim by up to 20 per cent between random observations over the last five years. Out of over 150,000 stars observed through algorithm and human efforts, none of them have been found to dim in light more than a percentage or two—except for one, known as KIC 8462852.

The blockage would have

to be caused by an object roughly half the diameter of KIC 8462852, a star estimated to be 1.5x the size of the sun. This size makes the vast object far too vast to be a planet, leading to the question of what is causing this mysterious blocking. One possible, if somewhat radical explanation, involves the blocking object not being a natural phenomenon, but, instead, a structure built by intelligent extraterrestrial beings.

Such a megastructure has been hypothesized in both science fiction and astronomy. A civilization could be harnessing energy of the star through technology for its

own advancement, in a concept known as a Dyson Sphere.

In an interview with *The Atlantic*, astronomer Jason Wright said: "Aliens should always be the very last hypothesis you consider, but this looked like something you would expect an alien civilization to build."

However, natural cosmic explanations are more likely to be causing the dimness, even if it is not yet understood. An investigation by Tabetha Boyajian of Yale University hypothesized that the blockage was caused by a broken-up icy comet expanding in gaseous clouds orbiting the star.

Boyajian's published paper

only focused on "natural scenarios," but she is also reviewing other ones. Other explanations could include a planet-sized collision (similar to when Earth's moon was formed), or a group of comets pulled into orbit by a neighbouring star.

Whether the behaviour is caused by a natural or intelligently-designed structure, it raises questions such as the whereabouts of radiation wavelengths emitted by the absorbance of a star's light, which is currently undetected. Scientists are working on further observations of KIC 8462852 to detect reoccurrences of the behaviour. This will be done through Earth-ground

telescopes. Boyajian has also partnered with Wright and the directors of the SETI project (Search for Extraterrestrial Intelligence) to monitor the area for artificial radio signals, another possible sign of intelligent life and technology.

Those hoping for proof of extraterrestrial intelligence shouldn't get too excited—the most likely scenario is one of the cosmic phenomena already known to exist in our galaxy. However, all possible explanations warrant serious consideration and investigation, and only time will tell what the true cause is of KIC 8462852's mystery.

## New award for Douglas students honours late teen

» Amanda Todd Legacy Award available for Child and Youth Care students



**Mercedes Deutscher**  
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Three Douglas College students who are enrolled in a Child and Youth Care program at the David Lam campus are now eligible for an award created in memoriam of late Port Coquitlam teen Amanda Todd.

Todd made news headlines worldwide three years ago when she committed suicide at the age of 15 on October 10, 2012. Her death came shortly after she released a video on YouTube that detailed her experience with cyberbullying. Her death and video arguably resulted in governments, schools, and other groups worldwide revising their policies on cyberbullying.

"In Amanda's memory, I wanted to be able to fulfil her dream of helping others. By creating this award, it will give opportunities to support the education of those who want to work in the field of mental health care," Amanda's mother, Carol, explained to

Douglas College Student Life. "It is important that we are enabling interested students to assist those with mental health illnesses. There are never enough workers in that particular support system."

The \$1,000 award will be rewarded to three students on an annual basis for at least four years, meant to aid the costs of the program, which often involves students driving around for practicums, alongside other costs. Funding for the award is received from the Amanda Todd Legacy Fund, the Douglas College Foundation, and four Tri-City Rotary Clubs. Eligible students may begin to apply for the award in Winter 2016.

Those contributing to the award hope that it will help promote conversation about mental health.

"At Douglas, we promote discussions about mental health inside and outside the classrooms, as well as providing counselling for students who might be facing mental health challenges," said Hazel Postma,

Douglas College's Associate Vice President of Advancement and Alumni Relations, to Douglas College Student Life.

Todd's death coincides with World Mental Health Day, thus providing a good prompt to discuss issues surrounding mental well-being every year around the anniversary of her death.

"It is important to combat the stigma around mental health, and the Amanda Todd Legacy Award will help us do that," Postma continues.

Douglas College provides two different Child and Youth Care programs—a two-year diploma, and a Bachelor of Arts in Child and Youth Care—although students must apply for the B.A. program either way. Both programs specialize in working with at-risk children and youth through practicums and other working skills. Those enrolled in the program may choose specializations in Aboriginal Child, Family, and Community Studies, Youth Justice, or Child Protection.



Photo via vancouverfoundation.ca



# Canadian war movie really hits the mark

» 'Hyena Road' movie review

**Lauren Paulsen**  
Senior Columnist

★★★★★

**"I**n Afghanistan, even the dirt is hostile."

*Hyena Road* is a new Canadian war film written, directed, and produced by Paul Gross. It is a portrayal of what it was like for Canadian soldiers fighting in Afghanistan, and it gives viewers a glimpse at how things weren't all black and white during this war.

Gross plays Pete, an intelligence operative searching for a man known as The Ghost. He thinks this man can help them fight against the Taliban. Rossif Sutherland plays Ryan, an eager young soldier who thinks one bullet can change the outcome of the war. The Ghost, a character based on a real person, is played by Niamatullah Arghandabi. All have different ideas, but all want peace and to stop the Taliban.

I absolutely loved this movie. It gave such a realistic portrayal of what I imagine

it was like for our soldiers in Afghanistan that I nearly forgot that it was a fictional story. However, although it might be classified as fictional, it is based upon the thousands of stories that people—Canadians and Afghans alike—told Gross while he was visiting troops in Afghanistan in 2010.

I think the action sequences were one of the movie's biggest assets. There isn't a whole lot of fancy camera-work done during these scenes; instead, a lot of it is done on foot and follows the characters around, sometimes even being shaky. I later found out that this was because there wasn't a whole lot of time, or a very large budget, to make this movie, but it absolutely worked wonders for the action shots. It made it very immediate, and sometimes hectic, mimicking what I imagine a warzone is like.

The actors also did a wonderful job. All were very convincing as real people, creating empathy in the viewer, and pulling us in so we became attached. From the heart-warming performance of Christine Home as Jennifer



Photo via Elevation Pictures

to Allan Hawco's good-natured acting as Travis, all of the actors complimented each other wonderfully. The cast was amazing.

Also to be praised is the way that the movie makes us look at this war. Without giving anything away, I can say that it

totally shows how everything was in greyscale instead of black and white when it came to this war. Sometimes awful things had to happen to achieve a better result in the big picture.

I haven't seen many war movies focused on Canadian efforts, and I felt that this movie

really filled the niche well. After *Passchendaele*, Gross wasn't planning on writing another war movie. Boy, am I really glad that he did.

This movie is definitely a must see.

# Taylor Swift cover album is an '80s soundtrack homage

» Ryan Adams' '1989' album review

 **Cheryl Minns**  
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★★★★★

**R**yan Adams released his cover version of Taylor Swift's 1989 album last month, showing the world a new side to the pop star's music. Turning dance songs into ballads and angry tracks into cheerful tunes, he displays his musical talent in transforming Swift's teenage girl lyrics into his own, mature style.

Adams' album begins with "Welcome to New York," in which he captures the fun sound of an '80s film soundtrack when the lead character arrives in the Big City for the first time, taking in the sights and sounds all around him. The relaxed rhythm, full of electric guitar, drums, and tambourine—a stark contrast to

Swift's synthesized version—can get listeners clapping along and swaying with the easygoing beat.

Adams carries this Bruce Springsteen-influenced sound into several other tracks, including "Style" and "All You Had to Do Was Stay." "Style" has a powerful concert echo to it that's reminiscent of '80s iconic pop tracks such as Bon Jovi's "Living on a Prayer." Adams' "All You Had to Do Was Stay" captures the emotions of a sad reflection on good times, much like Bryan Adams' "Summer of '69."

While many of Adams' versions have improved on the originals, Swift still dominates a number of the 1989 songs with her sassy attitude and pop influence. Where Adams falters is during his slowed-down renditions of Swift's pop tunes, which relied on their fast beats, along with their lyrics about relationship drama, to

achieve their popularity. "Out of the Woods" and "Blank Space" are examples of Adams' acoustic tracks that don't quite capture the excitement of Swift's originals.

The most popular track on the album—and arguably one of the best—is Adams' cheerier sounding version of "Bad Blood," which reflects on a damaged relationship as just a part of life, as opposed to Swift's revenge-driven approach. The upbeat guitar nicely contrasts Swift's bitter lyrics, creating a song that sounds like the anthem of frenemies who smile pleasantly at each other but secretly dislike each other.

For a cover album, particularly of the pop genre, Adams' 1989 turned out pretty well. Swift even gave her blessing to the project, as well as a bit of input during Adams' creative process.





# 'Minecraft' sequel lacks action and building experience

» 'Minecraft: Story Mode' video game review

**Lauren Paulsen**  
Senior Columnist



When Markus Persson created the sandbox video game *Minecraft*, he couldn't have guessed it would turn out to be such a popular game. An entire community has come together to enjoy this game, entire lines of merchandise have been made, and now a new spin-off game has been created.

*Minecraft: Story Mode* is a new episodic game created by Telltale Games in collaboration with Mojang, Persson's game development company. The story focuses on a new character, Jesse, who sets out on an adventure with his or her friends to find the Order of the Stone so that they can save their world.

I honestly don't know how I feel about this game. It was not at all what I was expecting when I purchased it. Gameplay is point-and-click type like other Telltale Games' releases, where

you mostly just choose things to say. Each choice changes how the story will proceed, and ultimately end. Combat is similar in that you click when an enemy approaches you to swing your sword, but you can only move in limited directions—not at all like the combat I am used to from *Minecraft*.

The game is honestly like watching a movie where you make decisions about what Jesse will say. There is so much dialogue that I don't really feel like I am playing a video game. Even though it is set in the *Minecraft* world, it doesn't feel much like *Minecraft* at all.

I think that this game would be good for those who want to sit back and relax for a while and unwind. I don't think that people who want the action-like survival of *Minecraft* or the lovely building experience would enjoy this. I'm going to keep an open mind and continue playing the game to see where it leads, but no longer am I thinking of this game along the lines of the original *Minecraft*.



Image www.engadget.com

If you want a game that feels like *Minecraft*, then don't get this one. If you want to sit back

and basically watch a movie that you control, then go ahead and get it. If you're curious about it,

you can just invest in the first episode (out of five) for \$5.

# A cappella group rockets to stardom without losing integrity

» 'Pentatonix' album review

**Aaron Guillen**  
Staff Reporter



Pentatonix's distinct a cappella sound has gained the group over one-billion YouTube views, the highest charting Christmas album by a group since 1962 (1.1 million sold, according to Nielsen Music), appearances on *Ellen*, *Conan*, and *The Tonight Show* with *Jimmy Fallon*, and a Grammy win for their Daft Punk medley. Finally, the highly anticipated self-titled album, *Pentatonix*, has been released with completely original songs and a strong fan base supporting them.

"Na Na Na" starts the album with a burst of energy. With a bright array of claps, stomps, and chants, it is reminiscent of a victory cheer played after a game. There's no mistaking this track for any similar song since the chorus is the repetition of the song's title.

"Can't Sleep Love," the first

single off the album, infuses jazz, synth, R&B, and pop together. Similar to a Justin Timberlake song, the track floats on a strong tenor backed up by snaps, hums, and a vibe-saturated hook.

"Sing," the second single off the album, sells the hype factor. Seemingly a continuation of "Na Na Na," this track takes a new breath with stomps and a catchy rap. The strong points of this fast-paced track have the potential to propel into radio sometime soon.

"Misbehavin'" introduces the energy of a choir. It starts off with a homegrown a cappella sound, but soon blossoms into powerful chords that any listener would crave. Don't judge a book by its cover for this one—it's sure to pleasantly surprise.

"Ref" makes a seamless transition from the light, pop-infused songs to a darker tone that allows the bass and beatbox to shine. With a reinforced referee whistle between verses, this track captures the essence of an argument that needs to

come to a solution. Backed by strong riffs, this song changes the definition of a cappella.

"First Things First" continues the vibe and mellow sounds of a stripped Disclosure song. With a twisted chorus including spoken words and "la la la"s, this track resonates mellow, familiar tones.

"Rose Gold" and "If I Ever Fall in Love," featuring Jason Derulo, bring vulnerability to the forefront. As a love story gone bad, these songs remind us of the mistakes of the past. With both songs reaching falsetto tones, they break the mould of a traditional melody.

"Cracked" and "Water" express frustration and anger. These tracks show the brutal reality of longing for someone. With wails, clapping, and chanting, both songs build up to the final stretch of the album perfectly.

"Take Me Home," "New Year's Day," and "Light in the Hallway" bring the album to a resounding end with stretched melodies and beats that fulfill



and exceed the expectations set by an a cappella album. Any of these songs remind us of emotional times that would replay in slow motion as you dwell on these final tracks.

Overall, the first all-original album by Pentatonix sets the group up for a bright future without losing any ounce of personality and integrity from previous work.



# The passion behind making 'Hyena Road'

» An interview with Paul Gross

**Lauren Paulsen**  
Senior Columnist

After writing *Passchendaele*, Paul Gross swore up and down that he would never make another war movie, because they are so complicated to make, and take forever to finance. But then he was invited to meet and greet Canadian troops in Afghanistan in 2010.

"[The war] seemed to bear almost no relationship to what I had been led to believe was happening by either [of the] governments and the media, for the most part," he said to the *Other Press*. "It was vastly more complicated and lethal and opaque and baffling."

Gross decided to come back and photograph parts of the country in early 2011. He met many new people who were affected by the war and they told him their stories. It was these many, many stories that he used to form the basis of his idea for *Hyena Road*.

Although Gross hadn't planned on making another war movie, he felt compelled to show Canadians back home at least a glimpse of what it was like. He feels that the burden we place on the men and women who fight for our country is far greater than we realize, and that

we should know the enormity of what we are asking of them when they go to fight on our behalf in a foreign land.

It is quite inevitable that *Hyena Road* will be compared to Gross's previous war movie, *Passchendaele*, but as any viewer can see after watching it, the movies are completely different. The whole creation and style are different, as are the time periods and wars that the movies are based on.

"I didn't even think much about *Passchendaele* when I was making it," Gross said. "I kind of think of them as bookends, in a way, that they are on opposite sides of the spectrum."

Part of this difference is in the way that they were filmed. *Hyena Road* lacked a dolly track and any crane shots, which were commonly used in *Passchendaele*. While I was watching *Hyena Road*, I found the action to be so much more hectic and immediate because of this filming choice.

Gross and his crew did their best to make the movie as authentic and accurate as it could possibly be. Even small details such as what they say on communications traffic were based on fact.

One very big asset to the movie was having Niamatullah

Arghandabi play The Ghost. Big A, as the crew often called him, is not actually an actor. Instead, he is heavily involved in his country's politics, and, in the past, actually served under the real Ghost. His insight was invaluable.

All of the characters are actually based on either real people that Gross met or combinations of people. Not only did he have a person who worked under The Ghost to lend his wisdom, he also met with the real Ghost. The Cleaner, a character in the movie, was another person that Gross actually met with and spoke to. He managed to speak with these amazing people through the help of an Intelligence Officer.

The Canadian Forces were amazing when it came to helping with the movie, offering a lot of insight and advice, and opening their doors wide to Gross and his crew. Much of the footage of the Canadian army base in *Hyena Road* is from a real Canadian base in Montreal.

"Without them, we of course couldn't have done it," Gross said. "I think the reason that they're so open is that they were very confident in what they were doing and very committed to the mission and felt that they were conducting themselves with



Photo via Elevation Pictures

great honour and integrity, and that's true."

When it came to talking about the cast, Gross was all praise. Despite the long hours and hard work, everybody was fully committed to it.

"[Making *Hyena Road*] was hugely enjoyable because everybody showed up to work and was eager and keen," he said. "Everybody just sort of took ownership of the film, and that's kind of what you both need and want when you're doing small, independent features."

Speaking with Gross about his movie showed just how much passion he has for his work.

Making *Hyena Road* for him was not just about making a movie but about sending a message: war is a big deal.

"We shouldn't lose these things so quickly in our memory," he said. "It is a big disservice to those who served and the true nature of our history."

Gross also wants all Canadians to know that "regardless of whether we think we should be involved in such a conflict or not, we can take great pride in the fact that [the Canadian Armed Forces] represent us with a huge degree of integrity and honour."

## Comic Corner: It's time for a real scare!

» 'Wytches Vol. 1' review



**Brittney MacDonald**  
Life & Style Editor  
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Moving on with my ghoulish look at the horror genre, I decided to move away from the campy and go straight into the terrifying. I can honestly say that *Wytches* by Scott Snyder is genuinely scary, and the perfect gore-fest for all you slasher fans out there.

Combining the best aspects of *Insidious* and the *Blair Witch Project*, *Wytches* takes it a step further by embracing the more classical, bloodthirsty lore of everyone's favourite Halloween sorceresses. The plot follows the Rooks, an average family—if you ignore the fact they've moved to a new town to escape ghosts. Unfortunately for them, their new surroundings don't seem to suit them much better than the old ones, as they become marked by the dangerous, cannibalistic forces that creep through the dark forests at night. I'll warn you

though, if you're looking for a happy story, best to turn back now.

Snyder has ways of manipulating his narrative so classical tropes become reinvented. Yes, this book plays to the old "family moving to a new town to escape trauma" scenario that plagues many horror films and books. However, the treatment of the plot and how everything plays out prevents the story from feeling stale or overdone.

*Wytches* sees Scott Snyder reunite with *Batman: Death in the Family* illustrator Jock. Together, the two seem unstoppable. There aren't many artists who can tempt me into getting a graphic novel based solely on my appreciation of their talents, but Jock might soon become one of them. To put it very simply, the art is perfect; gory and dark, it's an unparalleled extension of the story it's depicting.

Seeing as my praise for this book seems endless, I would definitely recommend it, though maybe not for the faint of heart.



Image by Jock via IGN



# Kickstarter in the Community: Science gets artsy and educational

» Crafty, colourful creations from scientific minds



**Cheryl Minns**  
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Kickstarter is full of unique and wonderful projects by creators who are passionate about their specialized fields. This is particularly evident with science-themed projects that aim to raise awareness about specific subjects and attract new audiences through different outlets, such as greeting cards, art books, and card games.

"Big companies often shy away from niche markets. I think that crowdfunding supporters appreciate the science-themed art projects because they can be hard to find in stores," said Christine Snyder, PhD, founder of Nerdy Words in Tottenham, Ontario. Nerdy Words is currently crowdfunding its third science-themed greeting cards project through Kickstarter.

"When we go online and see projects that speak to our interests in things like science and math, by people who seem to have a genuine interest in these things, we want to support them," said Dane Ault of Monkey Minion Press in Portland, Oregon. Ault and his wife, Ashlie Hammond, recently completed a Kickstarter campaign for their art book *Eureka!*, which features professionally drawn portraits of scientists and one-page biographies about them.

Daniel Dulek, a high school chemistry teacher in Illinois, created his first Kickstarter campaign for *Molecules*, a card game he invented for his students that has players assemble molecular compounds from various atom cards. So far, the project has raised more than US\$2,500 of its \$6,000 funding goal from over 100 backers. The campaign will finish on October 29.

"Running my first Kickstarter campaign has been very challenging. I didn't realize how hard it would be to build support for my project," he said. "My biggest obstacle has been trying to find a way to let people know about my project."

Snyder knows from experience that gaining support is all a matter of time when it comes to crowdfunding.

Nerdy Words' first campaign was for geeky Valentine's Day cards and raised C\$2,532 from 135 backers last December. Its second campaign was for birthday cards and raised \$2,392 from 68 backers. While the second campaign had fewer backers than the first, the backers' made more expensive pledges on the second project.

"All of my campaigns have been a blast, but what I'm most excited about is the level of repeat backers," commented Snyder.

Nerdy Words' third Kickstarter project features

Halloween, Christmas, Mother's Day, Father's Day, wedding, baby, graduation, and retirement cards. The campaign has already raised more than 30 per cent of its \$1,000 funding goal and will continue until November 13.

For many Kickstarter campaigns, reaching the funding goal is their main focus.

"When we got funded, we jumped around the living room like crazy, we were so excited," Ault said, referring to his wife and himself.

However, some projects receive far more funding and support than they initially anticipate. To thank these generous backers, many projects offer additional rewards called stretch goals. *Eureka!* is one such project that surpassed its original funding goal of US\$8,500 by raising \$40,087 from 998 backers. The project also met all of its stretch goals—the final one occurring at \$35,000—which included adding additional scientists' biographies and artwork, fancier book design, a custom "Eureka" song, and PDF colouring pages.

"We want to inspire our readers to take it upon themselves to learn all they can about these amazing people," Ault said of the book, which features 30 famous scientists. "*Eureka* isn't designed to be a tell-all textbook, but a primer for people who have a passing interest in science and more than



Image via kickstarter

a passing interest in art."

Dulek hopes his *Molecules* card game will encourage players who enjoy gaming to explore the world of science too, more specifically the field of chemistry.

"If I can inspire someone to look up and learn more about a molecule they saw in the game or wonder why carbon has bonding areas, then I will be very happy," he said. "I wanted a game with a chemistry theme that anyone could play with the hope that it would inspire or ignite a curiosity in someone."

Snyder and Dulek theorize that the increase in science-based art projects on crowdfunding websites might stem from today's pop culture portrayal of science.

"I think the gap between arts and science is definitely closing, especially with shows

like *The Big Bang Theory* making science cool. In fact, one of our Halloween cards—'Rock Paper Scissors Lizard SPOOK'—is inspired by the show, and will hopefully draw in a broader audience," Snyder said.

"I think when you mix science with pop culture it removes the stigma that often comes with science. I think the idea of playing a game based on chemistry is a better way to introduce a topic than just having students read about it," Dulek said. "I also think that geeky and nerdy things are trendy nowadays."

For more information on these projects, check them out on Kickstarter.com or on their official websites at NerdyWords.ca, MonkeyMinionPress.com, and PlayEFG.com

## Animesque: A bit of the old ultra-violence

» 'Wicked City' review



**Adam Tatelman**  
Staff Writer



I love the '80s, when the first wave of neo-noir horror anime captured the attention of mainstream western viewers. I love the animation studio Madhouse, especially their hits *Ninja Scroll*, *Trigun: Badlands Rumble*, and *Paprika*. Sadly, I did not love *Wicked City*.

*Wicked City* is one of Madhouse's earliest works, and I had every reason to think I would enjoy a film that promised a pitch-dark atmosphere and gruesome monster fights. There were plenty of things I liked about it both visually and conceptually, but the main reason the film doesn't come together for me is its absolute

lack of taste. Don't get me wrong—I'm no ban-happy neo-puritan. But in a story full of disturbing imagery, that imagery ought to be purposeful and contribute to the plot in some way.

Between the hard-boiled opening narration and the stylized obsidian shadows draped over every frame of the movie, the film noir influences are apparent and spot-on. If this had been a straight-up detective yarn, the best elements of the film would have shone through. As it is, we get yet another plot about a secret organization that protects the ignorant public from supernatural threats stalking the darkest alleys.

Taki, an agent of the Black Guard, is sent on a mission with Makie, a demon from the Black World who can pass for human. Their objective is to protect the diminutive, sex-obsessed mystic

known as Giuseppe Mayart, who plans to hold a conference promoting peace between humans and demons. Extremist groups pursue Giuseppe, and the night becomes a parade of ever more freakish horrors trying to axe the horny guru.

When the inevitable plot twist happens, the entire setup is rendered self-contradictory and nonsensical. If the real mission was for Taki and Makie to make human-demon hybrid babies to promote future coexistence, why make a big cover story involving Giuseppe? Just buy the two a hotel room and some scented oils. If Giuseppe was supposed to protect them and not *vice-versa*, how come he runs off to a brothel? And considering the number of times Makie is violated over the course of the film, how can anyone be sure the baby is Taki's?

That's the most disturbing



Screenshot from the movie

thing about the film. The amount of rape Madhouse managed to fit into 90 minutes is truly astounding. Considering Makie's apparent combat ability, these scenes are not just nauseating but entirely contrived. Sure, this is a horror anime, but this content is just the wrong kind of horrifying.

If the subject is handled with integrity, a character might experience sexual violence as

an integral plot development. However, I don't need gratuitous demon rape in my horror anime. Sadly, this bizarre violation fixation permeates the film, only serving to detract from the visceral action, chilling atmosphere, and creative creature design.

There are lots of great horror anime out there. This is not one of them. Give it a miss.



Have an idea for a story? Let us know!

Contact: Eric Wilkins, Editor-in-Chief

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# Staying strong

» Women's soccer continues to rumble

Davie Wong  
Sports Reporter

The end of the soccer season is nigh, and there is one word on everybody's mind: playoffs. Last week, the Royals clinched a playoff berth with their double ties against the Langara Falcons. But for the ambitious Royals team, clinching isn't enough. They want to capture the first place seed and took big steps toward that this weekend with two more wins under their belt.

Saturday's game against KPU ended in a 2-0 victory for the Royals. Although the team had a rough first half against the Eagles', they came back strong in the second half and finished the game strongly. The next day the team played the Quest Kermodes, who were looking to secure their playoff berth with a win.

Sunday's game proved to be the most challenging for the team. Played in sub-par weather, the game was very competitive. Quest came to win, and they played hard against the Royals.

The first half was played mainly in the midfield with both teams trading possession often. Quest had a few shots on net but Rebecca Mainardi came up huge for the Royals and kept them in the game. The Royals also had drives on target and were able to apply plenty of offensive pressure on the Quest squad. An early corner kick by the Royals' Sam Kell resulted



Photo via Davie Wong

in a beautiful finish by Marni McMillan to put the Royals up early.

Quest could not find an answer in the first half and the Royals went into second holding a 1-0 lead. The lead did not last as long as the Royals would have liked however. A misplayed ball resulted in a dangerous turnover for the Royals. Quest's Sachi Swift cashed in on the opportunity and slotted the ball into the low corner of the net, leaving Mainardi with no chance of stopping it.

The Royals were quick to retaliate and scored shortly after on a beautiful cross to Danae Harding, who then tipped the ball in. The Royals looked strong as they held onto the lead for the rest of the game, resulting in a 2-1 win.

After the match, assistant coach Rae Pelat spoke about the

team's efforts. "There wasn't a minute in the game where I felt like the girls didn't want it...

They couldn't take their foot off the pedal and they didn't." In regard to how she felt about the injury of their keeper, Pelat had this to say: "We always have to push through adversity... and I think challenges like that make us better as a team."

With the win, the Royals advance to 9-2-2 with 29 points. They sit at the top of the table, three points ahead of the team below them, the Vancouver Island University Mariners. Next week, the team plays VIU at home on Saturday with a chance to clinch first place. Come out and support your Royals as they fight to solidify their place as the team with the best regular season record going into the playoffs.

## This issue:

- ✔ Setting up
- ✔ Fighting Fit: Not personal, just business
- And more!



## WOMEN'S SOCCER

INSTRUCTION	CONF	PTS
DOUGLAS	9-2-2	29
VIU	8-3-2	26
QUEST	6-5-2	20
LANGARA	4-6-3	15
KPU	3-5-5	14
CAPILANO	1-10-2	5

## MEN'S SOCCER

INSTRUCTION	CONF	PTS
DOUGLAS	7-2-4	25
VIU	7-2-4	25
KPU	5-4-4	19
CAPILANO	5-6-2	17
LANGARA	3-6-4	13
QUEST	2-9-2	8

# New season packed with potential

» Women's volleyball team ends the week at 1-1

Davie Wong  
Sports Reporter

For every team in any sport, a new season is like the start of college all over again. There are nerves, first day jitters, and uncertainty. Although the first game does not statistically mean much in terms of the entire season, it is one of the most important games a team will play.

On Friday (October 16) the women's volleyball team opened up their season at home in front of a supportive crowd, playing against the Capilano Blues. Friends and family packed the

bleachers of the gymnasium to support the Royals and the team gave them a game to cheer about.

The game went a nail-biting five sets and ended with a beautiful finish causing the home crowd to erupt. The girls would go on to play Capilano again the next day but unfortunately couldn't pick up the win despite coming back from a 2-0 deficit.

The head coach of the Royals, Kyra Iannone, spoke to the *Other Press* after the first game. Although pleased with her team's effort at home,

Iannone emphasized the importance of the length of the game, stating that going five sets allowed her to "get a lot of experience for the younger players," but also said that she would prefer it not going the full five sets every game, as it can be a bit stressful.

The Royals are looking to build from what they've learned last year and the returning players are eager to make the most out of this season. Their roster is fielding seven second-year players, each with something to prove in their sophomore year.



Photo via Davie Wong

The team continues their season this week (October 23 and 24) as they play back-to-

back home games against the UFV Cascades. Games begin at 6 p.m. and 5 p.m. respectively.





# LOVING ONE OR LOVING ALL?

REDUCING THE STIGMA ON POLYAMORY

BY MERCEDES DEUTSCHER, NEWS EDITOR

If you would have asked me two years ago to define polyamory, I would have either shied away or given some semi-ignorant answer. I had simply not been exposed to polyamory, or what it represented.

My interest in polyamory began early this year. My then-boyfriend and I bumped into some friends that we hadn't seen for a while. While catching up with them, they explained to us how they were in an open relationship. My boyfriend, not fully understanding the concept, asked more. My friend used a simple explanation, which still rings vibrantly in my memory: "I have so much love to give, I cannot simply contain it to one person."

Fast-forward to present day—as a single woman with several ongoing prospects—the idea of seeing myself as polyamorous is becoming more of a reality. Being a romantic who enjoys being intimate, I find those needs best fulfilled by multiple people.

Although polyamory is a clear concept to me, it is still confusing to many of my friends and to the general public. Even recently, when I told a friend that I may start considering myself polyamorous, he struggled with the concept.

My friend, like many others, has previously considered or currently considers polyamory as a means to enjoy casual sex without commitment, or as an "excuse" to sleep with other partners while in a romantic relationship. Let me state it clearly: This is not what polyamory is about.

So what is polyamory? If you break the word down at its essence, the root words poly (many) and amor (love) come together to signify "multiple loves," or the practice of having more than one relationship at a time. Yet, even at its basic definition, it becomes an umbrella term for so much more.

Polyamorists reject the concept that in order for love to thrive, two partners must be emotionally and sexually exclusive to each other. That being said, just as there are no exclusive partners, there are no exclusive definitions to a polyamorous relationship. So what kinds of polyamorous relationships are there?

One kind of polyamorous relationship can involve both an emotional and sexual relationship with multiple partners equally. For example, Partner A is in a relationship with Partner B and Partner C. There may be different relationships within the group, such as a relationship between Partner B and Partner C. However, there also may not be, and Partner B and Partner C are simply both in a relationship with Partner A, but not with each other. In the latter situation, Partner B and C would be considered each other's "metamours" (partner of a partner).

A polyamorous relationship may not require equity in levels of emotional and sexual commitment. Sometimes, people may be involved in a "polycule," where there are primary and secondary partners. The primary partner is a partner who receives the most attention (emotionally and sexually) and priority in a polycule. The secondary partner enjoys these things as well, but not with the same level of commitment as the primary partner.

Another example of varying equities in polyamorous relationships includes partners serving different purposes. Some partners may share both an emotional and sexual relationship, while others may share either a sexual but not romantic relationship, or a relationship that is romantic, but non-sexual.

With numerous potential dynamics within polyamorous relationships, the question of jealousy arises. What crosses the line between an open relationship and infidelity? What is reasonable or unreasonable jealousy?

Ultimately, the biggest factor to be considered in a polyamorous relationship is communication. Without communication, the relationship is likely to fail. If Partner A wishes to bring a Partner C into the relationship, it should be done by communicating with and gaining the approval of Partner B.

It doesn't matter what level of relationship is being pursued, but it should always be communicated with all partners involved, not only for the sake of trust and

avoiding overbearing jealousy, but also for the purposes of sexual safety.

As for jealousy, it is natural for people to become jealous over a significant other showing attention to others. This is why communication and honesty is so important in a polyamorous relationship, because as a partner, you should never feel isolated or cheated on. If you are someone who cannot bear the thought of your significant other enjoying other romantic and/or sexual relationships outside your own, perhaps polyamory is not for you. It is important in a polyamorous relationship to set rules and boundaries so that no one gets hurt along the way.

Many confuse polyamory for polygamy. It's important to separate the definitions, because they are not the same. Polyamory covers relationships with multiple partners. Polygamy refers to marriages with multiple spouses.

Polygamy involves elements of polyamory, but tends to receive a negative reputation and is considered taboo. This is because polygamy is associated with female oppression and has a strict religious context. Some polygamous marriages are forced. For example, there have been cases of women being forced heavily into a polygamous marriage. This severely harms the polygamous dynamic.

The question of polyamory and polygamy leads into a discussion of legality. Only one quarter of the world allows for legal polygamous marriages, and many of the countries that do allow polygamy are developing countries. It stands that governments in developed countries, including Canada, often view polygamous marriages as an outdated and barbaric practice.

Even countries that do allow polygamous marriages often do so due to a religious or cultural context. Often, these same countries do not recognize same-sex marriages, thus making it impossible for there to be any same-sex unions within polygamous marriages.

By stigmatizing and restricting



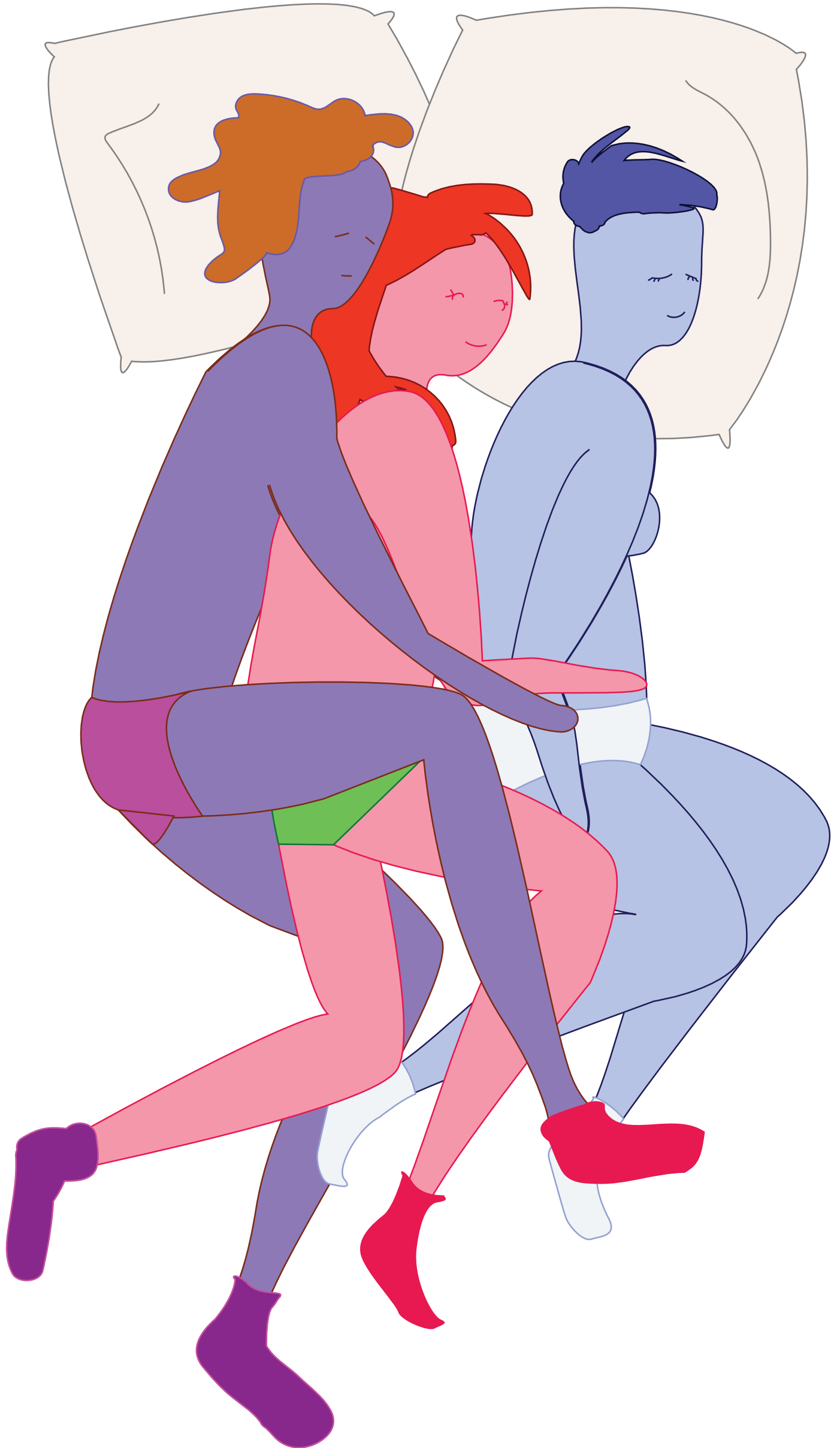
polygamous marriages, many people in polyamorous relationships face consequences. Those in long-term polyamorous relationships often cannot receive the legal benefits that a monogamously married or common-law couple can. Some situations involve two partners getting married, which can make other partners feel emotionally and legally isolated—especially if the relationship is not a polycule. Additionally, if something happened to a partner, such as illness or death, only one of their partners can gain legal control or benefit of the situation.

Should a person try to marry multiple people, it can have severe legal consequences. Bigamy, the act of entering into a marriage while already being legally married to someone else, is considered a criminal offence in most developed countries. Those who are accused of bigamy in Canada—according to Section 291 in the Criminal Code of Canada—may face imprisonment of up to five years. In other countries, the punishment for bigamy varies from fines to imprisonment. In these situations, the second marriage is usually voided.

Legal problems for those in polyamorous relationships grow even more complicated if any of the partnerships result in children. A child born or adopted into a polyamorous family may receive equal care and support from all members involved, whether or not they were biologically parented by them. According to family law, a child can only have up to two guardians, which can make issues such as parental consent or travel problematic.

Visibility of polyamorous relationships has improved in recent years, and is becoming less stigmatized by society as a whole. Social media and dating sites allow users to identify as a person in an open relationship and to openly identify their different partners. Resources have begun to open for those who identify as polyamorous; including a Vancouver based organization by the name of Vanpoly, which hosts forums and events with a goal of increasing visibility and decreasing stigmas associated with polyamory.

With same-sex marriage becoming increasingly legalized and recognized throughout the world, many have begun looking towards polygamy as the next breakthrough in marriage equality. It is interesting and hopeful to see if and how both polyamory and polygamy will be addressed in the next decade or so.





# Setting up

» Men's volleyball team steamrolls their way to 2-0

**Davie Wong**  
Sports Reporter

**S**trong. That is just one of the many words home crowd fans could use when asked about the men's volleyball team. The fans definitely had something to cheer about on Friday (October 16) after the Royals dismantled the visiting Capilano Blues, to start both of their season.

As the follow-up game to an exciting bout from the women's team, the men had a lot to live up to already. The Royals came out swinging and never stopped, giving fans and supporters in the bleachers something to cheer about nearly every play. Dominating serving and spectacular finishing gave the Royals an early lead which they never let go of.

They drove their advantage to a quick 3-0 victory sending the Blues home with many

things to ponder. The next day, it was seemingly déjà vu, as the Royals swamped the Blues in another 3-0 victory; this time, on Capilano's court.

Although the scores tell the story of a complete rout, the games actually played out much differently. Despite being down for most of the game, the Blues showed their resilience and never gave up, fighting until end. Although the Blues did not win a set, in their two games against the Royals, they still played extremely well.

When head coach Brad Hudson was asked by the *Other Press* about the progress his team has made during the offseason and how it has and will affect the coming season, he responded by saying "We're just trying to get better, and that's what we're seeing everyday... As they [the men] go, we go."

The men's season continues



Photo via douglife.ca

this week (October 23 and 24) as they play back-to-back

home games against the UFV Cascades. Games begin at 8 p.m.

and 7 p.m. respectively.

## Fighting Fit: Not personal, just business

» Get one-on-one training at Jing Kune Martial Arts



**Adam Tatelman**  
Staff Writer

**T**he martial arts are typically practiced in large groups. This is something I have struggled with in the past; of course an instructor wants to have as many paying students as possible, but the more there are, the bigger the practice groups have to be. When they become too big, there isn't enough time to devote to each individual student. I can't say what the optimal group size is for martial arts study, but I had never seen a personal martial arts trainer before I visited Jonathan Louie at Jing Kune Martial Arts.

In theory, it sounds like a great idea. Surely practitioners would progress through their training much faster if it were possible to schedule one-on-one training a few times a week—even more quickly when that trainer, like Louie, has a degree in kinesiology and 20 years of MMA experience. For the most part that's all true; however, there are a number of problems which hold JKMA back from achieving everything its intriguing pitch promises.

Good things first. The facility is fully stocked with all the supplies necessary for training both single athletes and groups of four or five. The whole floor is padded for ground control practice, and the walls are lined with mirrors

for checking your technique. There are a variety of standing dummies, body-sized pads and focus mitts for punching. There is also a bench press complete with various dumbbells for strength training; no barbells, though, so longtime lifters may be less enthused.

The variety of martial arts on offer for training is also impressive; Louie is well-versed in striking techniques based on muay thai, boxing and kenpo, as well as disarming and weapons combat skills based on Filipino kali. It's a real combo platter, so the best strategy is to decide if you want to practice for competition or for self-defence and arrange your practices with Louie accordingly.

Unfortunately, all of these positive features fell flat for me because Louie himself seemed to be balancing my personal training session with his personal paperwork. Each time he explained an exercise or technique to me, unless he had to be there to practice it with me, he'd show me what to do once and then head off to his desk and start working on his computer. He'd always come back if I had a question, but otherwise I was left to do 30 reps of this or that by myself. It wasn't just my session, either; the next student got the same less-than-attentive treatment.

This is the ultimate flaw with what is otherwise a novel idea; since the personal trainer



Photo via JKMA.ca

gig is a one-man operation, Louie is unable to give his full attention to even a single student at a time. If you are an experienced practitioner with

some fitness and martial arts experience, this setup may suit you better than it would a beginner. If you're just starting out, you may have more luck with a traditional group-practice

setting. Jing Kune Martial Arts is located at 709 - 12th St in New Westminster and offers drop-in classes starting at 2:30 p.m. for \$20 or monthly from \$110.



Have an idea for a story? Let us know!

Contact: Brittney MacDonald, Life & Style Editor  
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# LIFE & STYLE

## This issue:

- ☑ Listed: Underrated monster jams version 2.0
  - ☑ A grown-up kind of Halloween
  - ☑ The unwanted spotlight
- And more!

## It's mental illness awareness month

» Take some time this October to educate yourself on this stigmatized issue

Alex Stanton  
Staff Writer

In terms of bringing awareness to and assisting those who are less fortunate, there hasn't been a more game-changing decade than this one. Nearly 50 years after Stonewall, gay marriage is finally legal in the States. The inequalities between genders and races have been acknowledged, and less privileged voices are being heard. Not to mention, one of the single most famous people in the western world this year is Caitlyn Jenner, who came out as a transgender woman and publicly transitioned. But things are far from perfect.

As is the case with these aforementioned aspects of social progression, we've come incredibly far with bringing awareness to mental illnesses, and improving treatment and conditions for those who suffer from them. For most of recorded history, insanity was generally chalked up to magic or demons—even as recently as 50 years ago. However, in the past there was still such a massive misunderstanding of mental illnesses that treating them usually did more harm than good.

Stories from the past, such as those of Rosemary Kennedy, who was lobotomized at age 23 for a simple learning disability, show just how important it is to make people aware of these illnesses—to understand what those who suffer go through, and how we need to keep pushing on and progressing to a world where we can quickly



turn mental illness into mental wellness. In order to promote understanding, I've decided to address some of the more common mental illnesses of our generation.

### Attention Deficit Hyperactive Disorder (ADHD)

Easily the most commonly diagnosed mental disorder among children and adolescents, ADHD is a condition that manifests itself in many different facets of one's

personality. It can generally be categorized into one of two types of ADHD; the first and more stereotypical is the hyperactive type, which causes restlessness, hyperactivity, and an overall inability to just chill out. The second, and more common, is the inattentive type, which is the space cadet version of ADHD—lots of daydreaming, forgetfulness, and lethargy. It's usually treated with a strict regimen of waking up and going to bed at the

same time, as well as focus-enhancing stimulants such as Adderall.

### Bipolar Disorder

This ailment was originally referred to by the much less vague name “manic-depressive disorder”, and it's exactly as advertised: someone who suffers from bipolar disorder experiences a roller coaster of emotions, going through one period of time feeling like the lowest of the low (crying, hopelessness, and, in some cases, self harm), only to turn it all around suddenly and end up in a state of extreme energy and happiness. In this state, sufferers are known to be extremely impulsive to the point of being a danger to themselves. Unfortunately, bipolar disorder is one of the most stigmatized mental illnesses, and like others, there is no cure. Management involves cognitive behavioural therapy with a specialist, and a strict diet of mood stabilizing medication.

### Major Depressive Disorder (MDD)

As anyone who's been diagnosed can tell you, there's “feeling depressed” and then there's “having depression”, and they're similar in name only. The major difference between the two is the ever-present quality of feeling incredibly down. This can manifest itself in seriously disabling ways, including but not limited to suicidal thoughts, an inability to feel pleasure, a stagnant sex drive, and difficulty just getting out of bed in the morning

and doing what you need to do to survive. Fortunately, it can often be managed with anti-depressant medication, although sufferers may have to try multiple medications to find the correct one for them.

### Obsessive-Compulsive Disorder (OCD)

As someone who suffers from mental illness (not this one, though), there are few things that piss me off more than hearing someone say something along the lines of: “Oh, you know, whenever I stack my movies on the shelf, I always put them in alphabetical order by director. I'm sooooo OCD.” Stuff like that really underestimates the impact OCD has on an actual sufferer. Not only does OCD show itself through odd habits, such as constant handwashing—to the point where sores will develop—a less spoken about symptom of OCD is intrusive thoughts. For an emotionally fragile individual with mental illness, thoughts that they don't want to have—be they demonic, violent, or vulgar—can be disastrous for their mental state.

Mental illness, though still stigmatized and shushed in society, affects about one in five adults in North America every single year. One fifth of our peers are suffering greatly, usually either in silence or without treatment. Take time this month to learn about this, because mental illnesses are only becoming more understood as our society moves forward.

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# Pug-alicious!

» The changing face of man's best friend

**Christine Beylevedit**  
Capilano Courier (Capilano University)

According to one-time *New York Times* columnist Margo Kaufman, pugs are "...12-pound package[s] of pug charm and pugnacity with the face of an imp, the heart of a ham, the seductive skills of a slut and the deductive gifts of a genius." These creatures are much loved by all who have had the pleasure of knowing one, despite their decidedly wrinkled appearance and what appears to be crinkled Saran Wrap for a nose. Pugs are clearly the dog in fashion, though, oddly enough, no one cares to admit it.

The number of pug-owning celebrities should already pinpoint why we love pugs so much. Celebrities often influence our choices, because North America is utterly consumed by celebrity culture. The trends set by stars are the ones that are followed—so, naturally, when Paris Hilton gave up her iconic chihuahua for a pug that goes by the name of Mugsy, the message was clear: pugs were in style. Many pop culture legends such as Chris Pratt and Hugh Laurie have joined the pug-crazed bandwagon, followed by astounding numbers of the public. There was once a time when owners valued their pets for their heartwarming personalities and steadfast loyalty, though it appears pop culture now has a massive influence on the animals we chose for companions, and more often now pet owners are selecting their animals as a fashion accessory.

One wonders why the pug finally usurped all others

as man's most adored pet, considering that the pug gained its name from the old English word for goblin, or small monkey. Perhaps pet owners simply feel sorry for the poor animal. Pugs have protuberant eyes that are consistently becoming ulcerated. They also have poorly formed knee joints that make walking painful and a flat snout that makes breathing difficult. Pugs have a hard life, but they have no trouble exacting sympathy and adoration from would-be owners. But what is it that makes pugs so loveable? According to Lisa Sun, a certified master trainer who owns three pugs "...it was love of the breed at first sight."

The relationship between humans and dogs is unlike any other. It's not often that we are able to bond so completely with another species, and while many families love their dogs wholeheartedly, there are some truly heart wrenching incidents involving the dogs that aren't considered family members.

Unlike the silverware that came as part of an inheritance, animals are not meant to be tossed out once they have gone out of style. According to the American Society for the Prevention of Cruelty to Animals (ASPCA), shelters pick up 7.6 million cats and dogs in the United States every year. Some will be adopted, but the rest are often put down. Many pets don't even make it to shelters, and are abandoned on the side of roads or in the forest.

Canada has a similar problem, and shelter workers can attest that it isn't necessarily even breeds that have gone out of style that end

up in shelters.

The number of animals appearing in shelters across North America is alarming. Sadly, those numbers are due in part to the short attention span of new owners.

Pets end up in shelters for a variety of reasons, among the obvious being a lack of facilities to care for the animals and the cost of maintenance. Many more are dropped off because owners simply lack the time or the energy.

Often, owners cite exhaustion as the main reason for giving up a new puppy, although many dogs that are kept on by owners beyond the first few months may still find themselves homeless because they simply lose their appeal over time.

Shelters are facing a problem of their own, because many aspiring pet owners overlook them for the fact that the animals are "second-hand," and they would rather purchase a pup from a pet store. Shelters receive animals in such astounding numbers that they don't have the resources to care for them all, and often, if an animal isn't adopted within a few days of turning up at the shelter, it will be euthanized. It is estimated that over half of all dogs in animal shelters are put down.

Just like their owners, dogs happen to come in many shapes and sizes. A pug may be wrinkled and constantly wheezing, but they're rolled in layers of fat that just ooze love and affection.

It seems the old adage rings true—a dog really is man's best friend, even if a particular breed happens to be a little ruff on the eyes.



## Listed: Underrated monster jams version 2.0

» Music to make you monster mash

**Brittney MacDonald**  
Life & Style Editor  
lifeandstyle@theotherpress.ca

Wanting to get yourself in the mood for some Halloween fun? Like it or not, nothing gets you in the mood for everyone's favourite spooky holiday more than some serious monster jams. Sound familiar? That's because last year I created a list of my favourite underrated Halloween themed musical numbers—from *I was a Teenage Monster* to *Dragula*, the list was vast and wondrous. But it's been a whole year, and, needless to say, you might be needing some more inspiration. So here we go: Monster Jams version 2.0!

1. "Halloween" by Aqua
2. "This is Halloween" by Marilyn Manson
3. "Spooky" by Dusty Springfield
4. "Ghosts" by Michael Jackson
5. "I Put a Spell on You" by Bette Midler
6. "Nightmare on My Street" by Will Smith and DJ Jazzy Jeff
7. "Monster's Holiday" by Buck Owens
8. "Boris the Spider" by The Who
9. "The Wobblin' Goblin" by Rosemary Clooney
10. "Transylvania Twist" by Bobby "Boris" Pickett and the Crypt-Kickers



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Tweet



**Jeanette Ashe**  
@JeanetteAshe



Thanks @dsu for engaging @douglascollege students & hosting an all candidates forum. The student vote will count in #elxn42 #DouglasCollege

2015-10-15, 3:31 PM

This week's tweet is by @JeanetteAshe



# A grown-up kind of Halloween

» The best places to go on Halloween in the Lower Mainland

**Benjamin Howard**  
Contributor

Outgrown trick-or-treating and wondering what to do on Halloween? If so, here are some events for you.

## The Lost Souls of Gastown.

Embark on a journey into the dark history of Vancouver's Gastown by going on this theatrical walking tour. Here's a quotation from its website: "Venture into our city's earliest and most gruesome history this Halloween season. A time when Vancouver was the Granville Townsite, a violent frontier town of hustlers and thieves, vagabonds, and bawdy girls." The tour begins at 8 p.m. in downtown Vancouver at Cathedral Square, which is at Dunsmuir and Richards Street. Be warned, you might want to bring an extra pair of pantaloons!

**The Chinatown Haunted House.** A haunted house with a Chinese twist, the Chinese

Haunted House is inspired by the macabre stories of detective Judge Dee—a mysterious Sherlockian figure based off of real-life magistrate Di Renjie, who was a member of the Tang court. It features over 25 actors, dancers, and musicians, and is located at the beautiful Sun Yat-Sen Classical Chinese Garden on Carrall Street. It's open from 7–10 p.m., and tickets are \$14.

## Potter's House of Horrors.

Mentioned in a previous Halloween themed article, this attraction hosts two haunted houses. The first, The Ripper of Whitechapel, offers a terrifying walk through Victorian England, and is based loosely on the old Jack the Ripper legend. The second, The Swampin' Slaughterhouse, is set in an eerie Louisiana swamp, making great use of all the voodoo, zombie, and crocodile references they can. Tickets are \$15 per haunted house. Potter's can be found in Surrey at 12530 72nd Avenue, and

is open from 7–10 p.m.

## The Parade of Lost Souls.

The annual parade returns, this time with the theme of trickery. In keeping with tradition, the parade organizers will not announce the whereabouts until All Hallows' Eve, but generally speaking, it will be somewhere in East Vancouver. The parade lasts from 7–10 p.m., and best of all, it's free and completely family friendly!

## Fright Nights at Playland.

Though it seems like a main staple on the majority of our Halloween themed articles, Fright Nights are guaranteed fun! Featuring 15 rides, seven haunted houses, fire dancers, and a comedic magic sideshow, Fright Nights have just about everything. Tickets go from \$32–\$37, so they're a little pricey when compared with the rest of these attractions—but who can say no to The Beast?

Happy haunting everyone!



Photo via Thinkstock

# The unwanted spotlight

» A look at being self-conscious

**Lauren Paulsen**  
Senior Columnist

Standing out. It's something the majority of us do not want to do. It makes us feel uncomfortable and self-conscious. Whether we like it or not, humans like to belong. Individual expression is great when you can control what you want to stand out—not having a choice, now that's another matter. I've always been different from my peers, but it hasn't always been physically obvious. I have an "invisible illness." I look normal and healthy at first glance, but that isn't the case. As a child, this made it hard to keep friends. I was small and underweight, and couldn't keep up with my classmates.

I was bullied.

But it wasn't until grade six that it became really bad. That was the year that I had to begin toting around an N.G. Tube, a long, thin tube that goes down your nose and into your stomach. This is used for feeding on hypoallergenic formula that tastes too nasty to swallow. It was meant to help me gain some weight and nutrients because I couldn't eat normally. Unfortunately, it was also this really obvious thing attached to my cheek. Young and old alike stared at me.

I was absolutely thrilled when I was told I no longer

needed it. I wanted to look "normal" again. When I had to go back on the formula because my diet didn't end up being sufficient enough, I refused the N.G. Tube and requested to have a surgical implant into my stomach—it would be invisible, and no one would know it was there unless I wanted them to. I did everything I could to hide the fact that I was different.

Of course, if you've read any of my other articles about my health, you'd know that didn't really work out. Being chronically ill isn't something you can hide, and I have begun to accept that people may see me differently, but those are the people that know me. I'm still very self-conscious when I have to do something that I fear will make people stare at me. For example, I mentioned in an article I wrote last week that I now have to wear a mask to keep myself from catching every virus out there. I'm still finding it hard to wear it when I'm out in public. I feel like everyone is staring at me, judging me. It doesn't matter that I know that is not true. I can't stop worrying about it, even though most people probably hardly give it a thought.

Standing out when you don't want to? It sucks.

For anyone that has gone through, or is currently going through, something that makes them feel like I do when I'm



Photo via Thinkstock

wearing my mask, take a deep breath and pat yourself on the back. Even if you know you are being over-paranoid, it doesn't

change how you feel when you stand out unwillingly. Getting through this is a massive accomplishment and you need

to realize that. You are stronger than you think.



Have an idea for a story? Let us know!

Contact: Elliot Chan, Opinions Editor  
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# OPINIONS

## This issue:

- ☑ Rest easy
  - ☑ Concerning the hijab
  - ☑ The immortal bunny
- And more!

## Moving on from a political climate

» The Canadian federal election is over and it's time to move on with our lives

**Cazzy Lewchuk**  
Staff Writer

As I write this, the federal election is only a few days away. Tensions have never been higher as Canada rallies to end (or maintain) Stephen Harper's reign. All three major parties, along with the Green Party, are in a battle at both a federal and individual level, filled with arguments, debates, and angry speculations on the future of the Canadian government.

However, by the time this is published, the election will be over. Canada will most likely have a new government: a Liberal majority, minority, NDP opposition, Conservative minority, or perhaps even another Conservative majority. Regardless of what happens, it will both delight and anger millions of citizens, depending on their political leanings. Angry Facebook posts, op-eds in newspapers, and threats of

moving to Europe will dominate the media for a couple of weeks. But as always, we'll grow tired of complaining and move on with our lives—and that's how it should be.

Politics are important, affecting the future of the citizens and the country in many ways. But they are not everything. Believe it or not, Harper's alleged reign of terror does not significantly affect your life 95 per cent of the time. Neither does Justin Trudeau's alleged wishy-washy closeted conservative views, nor Thomas Mulcair's alleged tyrannical ones. The politics in Ottawa are complicated, democratic, and drawn-out. One election or leader does not determine the future of 35 million people. Factors on a provincial, local, or even individual level are much more important in determining one's future. It's all about taking personal responsibility and not blaming the government

for everything wrong in the country.

Do political processes screw us over? Absolutely. This is true on some level for every party. Are national issues regulated and debated by hundreds of politicians something you know the definitive answers to? Absolutely not. Is it worth the time and effort worrying about what has happened or will happen in Parliament after the election is over? Certainly not.

Talking about our future and encouraging political participation (primarily by voting) during an election period is great. But worrying about the political future every day and consistently arguing with peers after it's over can do more harm than good. Partisan views ultimately divide us from working towards a better society through mutual cooperation. If we seek to understand each other through having educated viewpoints, compromising, and



Photo via Thinkstock

respecting differing opinions, we can work towards a better society.

Your taking care of your

life and well-being: is it really a federal or provincial responsibility, or something best done on your own?

## In-app purchase games are out of line

» What's to blame: tech-company trickery or poor parenting?

 **Elliot Chan**  
Opinions Editor  
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On October 9, Kanye West took to Twitter to give mobile game developers a little piece of his mind: "That makes no sense!!! We give the iPad to our child and every five minutes there's a new purchase!!!" He added: "If a game is made for a two-year-old, just allow them to have fun and give the parents a break for Christ sake." Empathic and on point as West was, he also neglected to mention that the mother of his child has one of the most lucrative mobile games on the market. I'm speaking of *Kim Kardashian: Hollywood*, a game where you get to prepare the reality TV star for the red carpet.

It's hard to sympathize with West, because... well, who gives a shit what he does financially. However, many parents out there are facing the same problem as the multi-millionaire rapper. They give their kids an iPad, as a replacement for a doll, a toy car, or a deck of *Yu-gi-oh!* cards, and expect them

to have fun and be responsible. Now, I don't know too many two-year-olds that are able to conceptualize virtual money, because many adults still aren't able to. Check around to see how many of your grown-up friends have credit card debt. It's unfair to put the onus on children to be responsible while playing, so who should take the blame?

We blame cigarette companies for giving us cancer, we blame fast food companies for making us fat, and of course we should blame mobile game companies for leaking money out of our virtual wallets. Some consider the freemium-style of business brilliant, while others consider it trickery. In terms of games, it begins as a sample, usually free, to get the user hooked, and then they up the price once the player is addicted. While I believe the game companies have done a brilliant job in harnessing this, I don't believe their intentions were malicious. And, as a businessman, West should know that it's just supply and demand. If the player wants to skip a level, earn more stock, or gain

leverage over an opponent—but they don't want to put in the time—they can upgrade with a monetary solution.

Surprise, your kids are going to cost you money! Freemium games aren't the culprit, they are just another avenue for your money to be lost. The same way you don't give your children your credit card and PIN at the toy store, you shouldn't give them an iPad with full access until they understand that the reality of their purchases. Educate your children about frivolousness and how each \$0.99 click adds up.

You cannot stop businesses from creating products for profit, even if they do target children. Don't believe me? Look at McDonald's. You can't win that way. What you can do is pull the iPad away from your child if he or she abuses it. Be a good parent and teach your children from an early age the value of money, and how it relates to the technology they are using. Organizations aren't going to educate your children for you... or maybe there is an app for that.



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# Rest easy

» Why we shouldn't be ashamed for getting more than enough sleep



**Elliot Chan**

Opinions Editor

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We all know the importance of sleep. The benefits are countless, yet still we often place shame upon ourselves for getting enough or more than enough sleep. We should feel blessed and prosperous for having an ample amount of rest each and every day. No person should feel ashamed for having too much, just like how nobody should feel ashamed for having wealth.

Now, as you can tell, I enjoy sleeping. I don't believe there is anything better than a good night's rest. I even dare to say that we are born to sleep, although it is challenging for some. I'm proud of my ability to sleep easily, because I know of those who are insomniacs. But just because I sleep well, many chalk it up to me being lazy. Although I can be lazy often, I believe sleep has been the secret sauce to my survival as a well-adapted human being.

All my life I have lived by the philosophy that no matter

what I have to do tomorrow morning, such as an exam, long drive, or championship game, I'll perform best after a good sleep. A UCLA research study showed that staying up all night and cramming is a waste of time and energy compared to habitual studying. While you may trick yourself into believing otherwise, staying up all night reading textbooks is undoubtedly detrimental. Sacrificing sleep means you aren't letting your body and mind rest and heal. This can cause illnesses, forgetfulness, depression, and many, many more not-so-surprising effects. There is no pride in staying up all night, just like there shouldn't be pride for drinking recklessly or driving quickly.

On weekends, some people like to go on long road trips or whatever. Me, I prefer to sleep in, and if I can't do that, I'd like to take a nap. This is often frowned upon, because we live in a seize-the-day society. Any moment not spent being productive is wasted time, time that you'll never get back. That,

to me, is bullshit, and such an awful way of living. The thing about resting is that, when I am awake, I am twice as effective as I would be if I were burning oil all day, into midnight and beyond.

The ability to get sleep and sleep well should be admired and cherished. Many of us are so stressed all the time with commitments and deadlines, and the first thing we chop from our schedule is sleep. If you want to go out after work, you'll have to lose some sleep. If you want to finish your project, have a drink with friends, and beat the next level in your video game, you'll have to sacrifice some sleep. But what's the point of all of that if you feel shitty all the time?

One of the seven deadly sins is sloth, the crime of indolence, apathy, and refusal to work. Somehow we've paired it up with the idea of having ample rest, as if rest itself is a sin. It's not. It's a right. It doesn't matter if you are a single mother of three or a medical student who also works part time, you can sleep. You should.



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## Concerning the hijab

» Is the religious headwear oppression or expression?

**Aleeze Asif**

Contributor

The hijab seems to have become a symbol of oppression worldwide. What is it about a scarf over the head that is seemingly oppressive compared to a scarf around the neck? The vast majority of the people that oppose the hijab seem to do so because of what they think it represents. So what exactly does it represent?

Islam dictates that all women must wear the hijab as a representation of their modesty and an expression of their religious identity (Quran 24:31). With that said, one must keep in mind that symbolic representation is fluid depending on the constantly evolving social and cultural circumstances, as well as the frame of mind of an individual.

It is an unfortunate reality that many Muslim women around the world are pressured into covering their heads by their families, cultural norms, or even the law. Modesty should be a choice, not another obligation put upon women because of their sex. A large portion of Muslim women, however, wear the hijab by choice. From an

individualistic perspective, the reason why is quite simple: the hijab represents whatever the Hijabi wants it to represent. Many women wear it purely for the sake of religious obligation. Others say it incites confidence, and empowers them. Think about it: in a society where almost every conceivable media outlet is guilty of objectifying women at some point in time, who's to say the hijab isn't an act of rebellion?

However, things aren't as black and white when we analyze this religious practice from a broader sociological perspective. Islamic scripture and Hadith make it abundantly clear that the hijab is absolutely compulsory. The dictionary definition of discrimination is "different rules and standards for a sect of people established purely because of the way they are born." Gender-specific decorums are the reason why women might be the only group in the "other" category who aren't a minority. It wouldn't be inaccurate to argue that the hijab is guilty of promoting the further social segregation of genders by creating double standards and solidifying archaic gender norms. A

woman should never *have* to do anything just because she is a woman.

Many countries are seeking to have the hijab banned. France is seeking to ban the headscarf in public places, having already banned any garment that covers a person's face, such as the niqab. Most Islamic scholars would testify to the fact that the niqab is not compulsory. Prime Minister Stephen Harper recently tried to ban the niqab, specifically at citizenship ceremonies, stating that it is "offensive" and it's "not how we do things here." There are legitimate arguments to restricting the niqab, as both Muslim and non-Muslim fanatics of either gender can use religious freedom as an excuse to hide their identities. However, it is profusely clear that that is not what Harper is concerned about. The fine line between expression and oppression is choice. Banning the niqab or hijab, however, is in itself a blatant violation of women's freedom of expression and a person's freedom of religion. How is telling women what they can't wear any better than telling them what they can wear?



Photo via theglobeandmail.com

The hijab might have its problems in the grand scheme of things, but reducing all Muslim women to a stereotype is tremendously counterproductive. There is a place for the hijab in the

modern society that is pro-choice when it comes to matters of an individual's religious freedom. What a woman wears does not define her. It doesn't even begin to scratch the surface.



# The immortal bunny

» Why a lack of nudes won't kill 'Playboy'



**Ed Appleby**  
Illustrator

I remember my first *Playboy*; I was a tender 14 years old on a trip to Disneyland with my family, and discovered it stashed under the sink in our hotel bathroom. Like several generations of young cisgender straight men before me, this began my sexual awakening. So it is with mixed feelings that I learned that, after 62 years, *Playboy* plans to stop publishing nudes.

The logic behind this decision can't be argued. In a new world where high-definition pornography of every type is only a few keystrokes away, tastefully airbrushed bunnies just cannot compete. Even in the past, *Playboy's* nudes couldn't hold a candle to the graphic nature of *Hustler* or other magazines, where titillation was the driving force. And by providing such imagery, *Playboy* had been placed on the back shelf, out of the hands of younger readers for years. And most social media have very

strict rules about what you can share, so *Playboy* gets cut out of that market entirety.

So why continue at all? Without the ability to display perfect mammaries, what is to stop *Playboy* from becoming just another *GQ* or—heaven forbid—*Maxim*? Believe it or not, it's because of the articles.

The nudes in *Playboy* were a provocative product of its time, and through the '50s and '60s *Playboy* was the standard bearer for the sexual revolution. *Playboy* has also published short stories from up and coming novelists such as Ian Fleming, Margaret Atwood, and Arthur C. Clarke. For a cartoonist, getting published in *Playboy* is second only to the *New Yorker*.

The *Playboy Interview* series, a collection of extensive and in-depth interviews with contemporary movers and shakers has been so riveting that some of them have even been expanded into full books. The articles themselves have always been a well-written source of opinions and information, ranging from somewhat sexist male bravado to full-on feminist



reflections on society.

And even though the nudes will be done away with, *Playboy* has promised a little bit of titillation with racy but tasteful photography aimed at their primarily male audience. Although we shouldn't rule out

nakedness altogether, pick up any European edition of *GQ* or *Esquire* and you are sure to see a couple of nipples popping up to say hello.

The *Playboy* brand is one of the strongest and most recognized in the world. By

dropping the focus on nudes they can rightly take their place as a dignified and sexually free source of entertainment and information; more of a racy *New Yorker* than a magazine aimed at getting you off.

## It's how you say it

» Talking down to friends, family, and teammates can only weaken the links



**Elliot Chan**  
Opinions Editor  
@theotherpress.ca

The act of belittling another verbally, whether it's in a work environment or in a social setting, is so offensive that often I regret not responding physically. True, we might have messed up, dropped a ball here or there, but regardless of the situation, neither you nor I should be talked down to. However, we must also be cautious to not ridicule and belittle others.

We've all had to work with someone who didn't have the same level of skill in a particular task as we did. When I say work, I also include other team activities such as sports. Life is all about teamwork, and the old adage rings true: "You're only as strong as your weakest link." While you may think that calling out another's shortcomings or ridiculing them publicly in front of their peers is an effective way of motivating them to improve, it is not!

What you must understand is that not everyone shares the same level of interest or passion as you in any given

project. Believe me, if you shame someone enough times, especially in a team environment where trust and loyalty is paramount, you've lost them. They'll find new friends, get another job, and avoid you completely. Nothing you do is special enough to mistreat others over. People will get fed up, angry, and often retaliate. This can be incredibly destructive.

If you think that others should pick up the slack, you should really look in the mirror and ask yourself: Are you the top performer? Are you the best on your team? Are you literally better than everyone else you work with? If you are, what the hell are you doing with these losers? Go pick on someone your own size. If not, then shut up! This looking down on people is the same vain and arrogant way of thinking that makes you ugly, regardless of how you look.

There is only so far you can push other people before they push back. If you don't establish camaraderie first, then there is no balance between the team. There is a reason why in every creative writing class students are encouraged



Photo via Thinkstock

to note something good before mentioning something bad. It's not because we are sensitive and we need things sugarcoated. It's because we are human and we have feelings. We are all equals in the grand scheme of things.

We all know how it feels to be talked down to. You may have been on the receiving end of a situation I described above, with a team member or friend telling you you weren't good enough. As a younger adult, like many

college students are, I often feel that the older generation—those with full-time jobs, children, and a retirement plan—cannot help but lecture me. I'm not talking about helpful advice; I'm talking about critical, judgmental assessment of my values, pursuits, and character. Some of them speak as if I'm entitled, inconsiderate, disrespectful, ungrateful, or unmotivated. Ultimately, a conversation with these older

people becomes a vicious assault of guilt and shame.

Life is too short to spend your time being put down by an employer, spouse, boyfriend or girlfriend, or teammate. Life is too short to be spent with people who don't appreciate you for your efforts. If you find yourself in defence mode all the time, get out of the situation now. The best way to retaliate to those talking down to you is to leave, completely.



Have an idea for a story? Let us know!  
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✉ [humour@theotherpress.ca](mailto:humour@theotherpress.ca)

# HUMOUR

## This issue:

- ✓ Compass card SkyTrain barriers finally see action
  - ✓ Green Party sweeps election
  - ✓ T-Day plus five
- And more!

## The last will and testament of Sherman Shore, film critic extraordinaire

» Also: the 'Jack and Jill' film review

**Sherman Shore**  
Film Critic

My dearest Shawna,

You know me, your caring husband, quite well. So you must remember—on our honeymoon, when we went dune bugging on the smooth, sandy hills of Cairo—my personal prediction about my own untimely and early death. You do remember what it was that I said, my love?

I said that if, someday, somehow, for some reason I couldn't think of, my life were to end prematurely... the man responsible would be Adam Sandler.

If only you knew how right I was. Perhaps you wouldn't have chortled at me and snatched that pony of Arabian absinthe out of my hands as if I were delusional.

Remember Adam Sandler, honey? Being a man who was a teenager in the 1990s, I was exposed to the first

wave of stupid, gross-out comedies targeted towards our demographic, like that one movie where an overly hormonal adolescent decided to fuck an apple pastry. If you remember the '90s like I do, you'll remember that Adam Sandler was the pioneer of this kind of dreck.

Well, he's finally done it, Shawna. Adam Sandler has made a movie so horrifying and displeasing to every sense imaginable, that I'm almost certain to have lost my faith in the art of the motion picture. It has been 48 hours since I watched *Jack and Jill*, and I've finally decided to make my peace.

Did you ever think you'd see Sandler dressed in drag, darling? Did you ever *want* to see Sandler dressed in drag? Did you ever *want* to see *two* Sandlers—one male and one dressed poorly in drag—with the male Sandler trying to get the female Sandler to bump uglies with Al Pacino? Al Pacino... Did I mention I really



Image via Sony Pictures Entertainment

don't want to live anymore?

I've seen the worst of the worst, dearest Shawna, but this film was horribly offensive (even my brother said so, and he's a fat sheriff in Missouri). This movie displays, in the plainest terms, why everyone else worldwide thinks white people are inherently racist. No one is safe from this movie: Mexicans, women who don't

look like supermodels, Dunkin' Donuts, weirdoes who hook up on Craigslist... Sandler drops an A-Bomb on any semblance of political correctness or socially acceptable behaviour, and, as I now know, they don't make water hot enough to wash off that kind of dirt.

Finally, I must apologize to you and the kids. I'm sorry that I let this god-awful, piece of

shit movie—made by the most outrageously offensive person to ever exist—affect me in such a massive way. I just hope that my important, necessary work as a film critic will be enough to ensure your future.

I love you, Shawna Shore.

Goodbye,  
Sherman Shore

## Elections ads: the review

» Defining this year's greatest in commercial cinema



**Jerrison Oracion**  
Senior Columnist

With the federal election over, either Stephen Harper is still our prime minister, or we have a new one.

The election was decided by the TV commercials put out by the major parties, and I saw most of them during the last few weeks of the campaign. For your pleasure I have reviewed each of them, in the case you might like to go back and watch all your old favourites.

**Conservative Party—Proven Leadership**

**IMDB: 57 per cent**

**Rotten Tomatoes: 45 per cent**

This Conservative Party commercial explains all of the accomplishments that Harper made as Prime Minister. Harper looked like a capable Prime Minister, despite a lot of people disliking him during the

campaign. The music in it brings colour and life into a day of the Prime Minister working in his office.

**NDP—"I'm Ready"**

**IMDB: 65 per cent**

**Rotten Tomatoes: 74 per cent**

While many people know Tom Mulcair as a person who asks a lot of tough questions, he is also a family man, and we see that in this commercial. We see archival pictures and footage of Mulcair throughout the years, including a rare picture of him without a beard. The commercial shows that he is a likeable person who likes to do public service a lot. Also, he was great at showing that he has plenty of experience and he is ready for whatever adventure.

**Liberal Party—Out of Touch**

**IMDB: 55 per cent**

**Rotten Tomatoes: 63 per cent**

The middle class is one of the topics in the election this year and the Liberal Party caused

a lot of people to talk about them. In this commercial, Justin Trudeau compares Stephen Harper's plan for the middle class with his party's plans for them. The beginning of it looked like a scene in a Michael Moore documentary, except that Trudeau does not sound funny. The second half is bright and it has a lot of colours. His plan looks appealing and it very well could benefit the middle class; a teaser trailer if there ever was one.

**Conservative Party—The Interview**

**IMDB: 72 per cent**

**Rotten Tomatoes: 84 per cent**

One of the most famous commercials in this election is the commercial in which various job recruiters try to find a person who could be prime minister. When they look at Trudeau's résumé, they make assumptions about him that may not be true, and they state that they think he is "just not ready." The star



Image via Conservative Party of Canada

of the commercial is the person who said the line: "Nice hairdo." The commercial was so good that the NDP made a similar commercial that talks about Stephen Harper—such a work of cinematic genius, that it spawned a remake.

**Liberal Party—Escalator: Harder to Get Ahead**

**IMDB: 85 per cent**

**Rotten Tomatoes: 92 per cent**

Justin Trudeau is great at walking up escalators, and

his skills are shown in this commercial. In it, Justin talks about tax cuts and cuts to funding of government programs while he walks up an escalator that is going down. When the elevator goes up, he talks about his plan. This is a great use of a metaphor to really get the audience thinking. He was great at walking up the escalator and talking about his plan at the same time, and it was rumoured that Justin did all of his own stunt work.



# Compass card SkyTrain barriers finally see action

» Thousands trapped on first day of implementation



**Chandler Walter**  
Humour Editor  
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TransLink has decided to put into action the barrier gates that have been installed at SkyTrain stations across Vancouver, to the demise of many.

Vancouverites have spent months walking past the curious little gates marked “Compass Card” without giving them much thought, though the very day those gates slammed shut, many were taken unaware.

“I just couldn’t figure out what to do,” said Sharon Nexton. “There was just no open space to go through.”

Nexton is one of the many SkyTrain passengers who had no idea how the Compass Card worked, and decided to just ride for free on the trains.

Now, in the eleventh hour of what news outlets and social media worldwide are calling SkyTrain Gate-Gate, it is clear

just who these riders were, as every one of them is stuck behind the Compass Card barrier, with no hope in sight.

“It’s terrible,” said Nexton. “There’s nothing left to do but travel. I’ve gone to Waterfront and back about 15 times.”

Each and every SkyTrain station from Vancouver to Surrey has the same horrific scene: thousands of commuters eager to get to their homes lined up at the SkyTrain gates, waiting.

The Salvation Army arrived shortly after what is being called The Great Closing, offering granola bars and juice boxes to those who have gone more than an hour or two without sustenance.

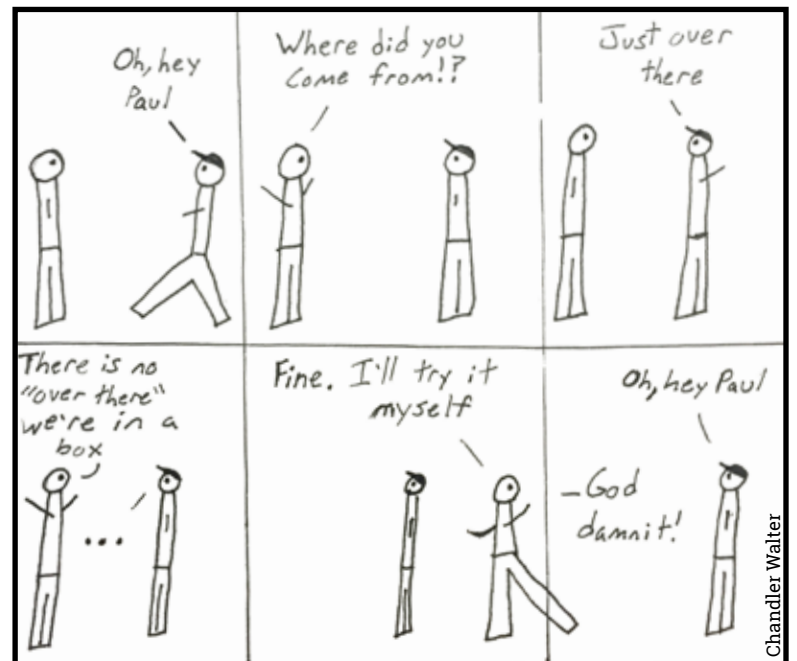
“It’s truly heartbreaking to see. All those people lined up, hoping for someone to help them,” said volunteer Chanel Mills. “I just don’t know what more we can do for them.”

Translink has turned a blind eye on the situation,

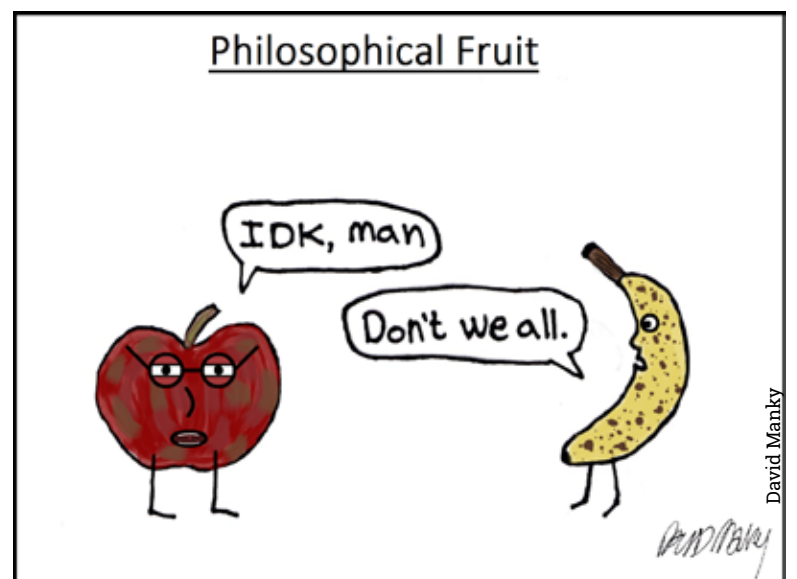
issuing a short press release stating: “Really? Guys, we’ve spent months and millions of dollars trying to educate people on these cards... it’s really not all that difficult.”

Protesters have gathered outside SkyTrain stations, urging TransLink to put an end to the Compass Card system and let the people go home. This dire situation hit hard for protester Jake Tharns, as he says his sister is trapped behind the barriers. “It’s an impossible system. We aren’t all rocket scientists, TransLink!” He shouted, which prompted a chant from the angry crowd, “To Compass Cards, we say no! Let these poor people go!” They continued chanting long into the night.

A few of the stranded commuters were asked why they didn’t just go through the gate after someone with a Compass Card had opened it, and every one of them said: “That would be wrong.”



Chandler Walter



David Manky

# Green Party sweeps election

» New Green majority leads Canada into uncertain waters



**Mercedes Deutscher**  
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In a surprising twist during Monday’s election, Elizabeth May and the Green Party claimed a majority government, establishing the event as the most unexpected moment in the history of Canadian politics.

“I didn’t actually expect to get more than a couple of seats in the House of Commons,” said Prime Minister Elizabeth May, “what do I do?”

Heading into Election Day, the Liberal Party led in the polls, with the Conservative Party and NDP trailing close behind.

It proved an opportunity for the Green Party. Figuring that every Canadian and their dog was tired of hearing Trudeau, Harper, and Mulcair battle it out, May adapted a radical new slogan for her party.

“Not The Other Three Guys” took over social media within hours, with the hashtag #MayBePM gaining massive attention.

However, despite the Internet having a massive

impact on Monday’s unexpected results, May still approaches the Internet with caution: “I heard from somewhere that the signals transmitted from Wi-Fi have the potential to be cancerous. As Prime Minister, it is of utmost importance to protect Canadian people from this risk.”

All Canadians can expect to receive their own complimentary roll of aluminum foil in the mail, along with simple instructions on how to construct their own hats with the foil.

As a result of the Green Party rising to power, all of Canada’s natural resources restored themselves within hours of the new government’s establishment. Air pollution has already reduced itself by 70 per cent.

In order to get some sort of say in federal policy, the Liberal, Conservative, and New Democratic parties have formed an unprecedented coalition.

“This election really showed us that we’ve spent so much time arguing amongst ourselves that we’ve lost touch of what Canada wants,” says Thomas Mulcair. “Perhaps



photo illustration

Steve, JT, and I can bury the old hatchet. Get some beers. Try to rebuild together in order to defeat the Green Party.”

Even with the new coalition formed by the opposing three parties, the scale of the Green Party’s power is still much stronger.

So what is Canada’s future under a Green government?

“Debt. And lots of it!” explained Prime Minister May. “We have to pay for all of our election promises somehow. You didn’t expect us to pay for all those environmental and educational initiatives without

running a massive deficit, did you?”

Prime Minister May looked away nervously and continued, “After all, all politicians honour their election promises, don’t they?”



# Goodman vs. Murdock

## » Heisenberg's bad break



**Adam Tatelman**  
Staff Writer

After evading the Drug Enforcement Administration for more than a year, the mystery drug kingpin known only as Heisenberg was revealed to be Walter White, a terminally-ill New Mexico high-school chemistry teacher.

White was finally apprehended during a massive drug exchange with rival drug lord Wilson Fisk, a.k.a. the Kingpin, in Hell's Kitchen, New York.

Witnesses claim that White and his accomplice, Jesse Pinkman, were savagely beaten by the vigilante known as Daredevil.

White and Pinkman were incarcerated at Ryker's Island. Local attorney Matthew Murdock was to lead the prosecution. White contacted Saul Goodman, his New Mexico lawyer, to defend Pinkman and himself.

Within 24 hours of these announcements, Goodman arrived in New York on his personal helicopter, and

the prison became a media hotspot.

"My clients have been treated atrociously by the so-called justice system of New York," said Goodman to Fox News reporters, "and I intend to see that their rights are respected from now on. Just because he lives a double life as an underground meth dealer does not justify vigilante actions against Mr. White, or make them at all constitutional."

When pressed for a statement, Murdock expressed his sympathies toward White: "I know what it's like to be dealt a bad hand in life," said Murdock, indicating his white cane. "And I can respect Mr. White for trying to make the best of a bad situation. But I can't say I approve of his methods."

Goodman then approached Murdock, with their exchange being captured by the Fox 5 news chopper. "Isn't it convenient," said Goodman, "that any time Daredevil beats someone to a bloody pulp, you're always there to prosecute the victim? What kind of rinky-dink scam are you running over at Nelson and Murdock? Are you



ambulance-chasers in cahoots with Daredevil?"

"Honestly," replied Murdock with a wry grin, "I've never seen him. But I can see, Mr. Goodman, that your no-account, strip-mall legal practice has made a history out of defending convicted felons. You're a shark, and it will be my pleasure to

take you apart in a court of law."

"We'll see what the jury has to say," said Goodman, storming back to his helicopter. "Nobody's going to convict a dying man who sells meth to pay for his kids' college fund! We've got the greatest sob story in legal history! You'll see, Murdock. When I win this case, your

partner is gonna beg to work for me!"

Unfortunately, the trial was cancelled, due to the mysterious deaths of White and Pinkman inside their cells at Ryker's. When asked if Fisk was somehow involved, the warden declined to comment.

## T-Day plus five

### » One turkey's nightmare



**Chandler Walter**  
Humour Editor  
✉ humour@theotherpress.ca

I hid. It was cowardly and wrong and shameful, but it was all I could do. I hid behind the chicken coop on the far side of the farm. There is an old tractor wheel there, and I buried myself inside, beneath the mud and twigs, and waited.

For days the rumour had been going around: the time of reckoning was upon us. It was an old story, something mothers would tell their chicks to get them into nest at night. No one actually believed it would happen.

It was too crazy to be true. For just one day a year, the humans slaughter and devour our specific species? They were carnivores, sure, but they weren't monsters.

How naïve we were. How trusting: so blind to the evil that was staring us in the face.

That changed on October 11. It was a cold, bright, autumn day.

They came in trucks.

We were supposed to go with them in the trucks.

No one understood what was happening. Maybe they were taking us to a new farm. Maybe they were setting us free, out in the wild. That was all until Pecky, a young jennie no older than eight months, was grabbed and tossed into the back of one of the trucks. Everybody panicked.

It was anarchy. They grabbed my friends, my family, everyone I had ever known.

They grabbed them by their necks, by their claws, whatever they could get their evil human hands on. There were just too many of them. My dear friend Gobbles got one right in the eye, but before she could do anything there were two more on her, pinning her down before throwing her into the trucks.

Our entire farm, wiped out. I'm still here.

I was here when I smelled the wretched scent of dinner coming from the farmhouse, and I was here when they found me, lamenting that they'd missed one.

They've seen fit to leave me here for another year, until I'll be "nice and big" for next Thanksgiving.



But by that time we'll be ready. The pigs have begun preparation to revolt before Christmas, saving their own skins from the

oven. I will spend the next year teaching all the new turkeys that are born or brought onto this farm the horrors that befall us

every October.

We'll see who will be giving thanks then.





**Play  
land**  
At the PNE  
Vancouver

# FRIGHT NIGHT



## OCT 28TH 6PM

**TICKET PRICES - STUDENT \$15, GUESTS \$20**

(LIMIT 1 GUEST PER STUDENT) P/U AT THE DSU BOTH CAMPUSES (CASH ONLY)

BUS WILL LEAVE BOTH CAMPUSES 6:30PM SHARP TO PLAYLAND

(THERE WILL BE NO RETURN BUSES)



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